

East of England Study Day 2016

Hertfordshire and Bedfordshire Urological Cancer Centre
Department of Urology
Lister Hospital
Stevenage

Date – Wednesday 6th April 2016

Location – The Weston Auditorium
University of Hertfordshire
de Havilland Campus
Hatfield, Hertfordshire
AL10 9EU

Introduction

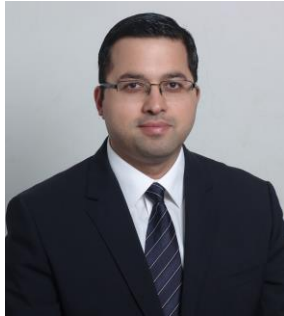
The 2016 East of England Study Day will be held at the Weston Auditorium at the University of Hertfordshire. The invited Key expert speaker for the study day is Professor Mani Menon, a world-leading robotic urological surgeon. Professor Menon is the Director of the Vattikuti Urology Institute, Detroit, USA. He is also Clinical Professor, Case Western Reserve University School of Medicine, Cleveland; Clinical Professor, New York University, School of Medicine and Adjunct Professor, University of Toledo.

Professor Menon started the first robotic prostate programme in the United States in 2001 at the Vattikuti Urology Institute. The robotic approach that Professor Menon developed, the Vattikuti Institute Prostatectomy (VIP), revolutionised the field of Urology and has become the gold standard for the surgical treatment of prostate cancer. Its establishment meant an unprecedented improvement in the traditional, open prostatectomy, setting new standards in patient safety, recovery and outcome.

The enhanced nerve-sparing technique developed by Professor Menon, the “Veil of Aphrodite”, has dramatically improved erectile function outcomes following radical prostatectomy. Professor Menon also developed the first catheter-free approach. The Vattikuti Urology Institute, under Professor Menon’s leadership, has performed more than 10,000 robotic surgeries – more than any other hospital in the world.

Faculty Chair

Mr Nikhil Vasdev



Mr Nikhil Vasdev is a Consultant Urological Surgeon with a subspecialist interest in Robotic Urological Surgery/Urologic Oncology at the Lister Hospital and Visiting Senior Clinical Lecturer at the University of Hertfordshire.

Mr Vasdev is the East and North Herts NHS Trust's Network Lead for the Lister Robotic Urology/Vatikutti Foundation Collaboration. The aim of this collaboration, which was established in June 2015, is to collaborate on prospective data collection and create a high level of evidence in Robotic Urology, providing support for an international training curriculum for robotic surgery, participating in the global exchange fellowship programs and innovating new surgical procedures in collaboration with other partner institutions. Most importantly, the collaboration will benefit our patients, helping to ensure that they continue to benefit from one of the highest quality of robotic services to be found in the country.

Key Expert Speaker



Professor Mani Menon

Professor Mani Menon started the first programme in robotic surgery in the world in 2000 at the Vattikuti Urology Institute, focusing initially on prostate cancer. The robotic approach that his team and he developed, the Vattikuti Institute Prostatectomy (VIP), revolutionised the field of Urology and has become the gold standard for the surgical treatment of prostate cancer. Its establishment meant an unprecedented improvement in the traditional, open prostatectomy, setting new standards in patient safety, recovery and outcome. He then built a team that duplicated these results for the treatment of other cancers, particularly bladder and kidney cancers, as well as for renal transplantation. This work proved to be transformational as it was adopted by surgeons in other disciplines.

Meeting Faculty *

Mr Jim Adshead, Consultant Urological Surgeon, Lister Hospital
Mr Asher Alam, Consultant Urological Surgeon, Luton and Dunstable Hospital
Dr Roberto Alonzi, Consultant Clinical Oncologist, Lister Hospital
Dr Samita Agarwal, Consultant Pathologist, Lister Hospital
Mr Freddie Banks, Consultant Urological Surgeon, Watford General Hospital
Dr Sebastian Chang, Consultant Radiologist, Lister Hospital
Ms Linda Fowler, Research Nurse Specialist, Lister Hospital
Mr Damian Hanbury, Consultant Urological Surgeon, Lister Hospital
Dr Rob Hughes, Consultant Clinical Oncologist, Lister Hospital
Dr Chris King, Consultant Radiologist, Lister Hospital
Mr Tim Lane, Consultant Urological Surgeon, Lister Hospital
Dr Amit Patel, Consultant Radiologist, Lister Hospital
Ms Christine Roach, Senior Administrative Support, Beds & Herts Cancer Network
Mr Jacques Roux, Consultant Urological Surgeon, Watford General Hospital

* Alphabetical order

Programme

08.00 – 08.35 am - Registration

08.35 - 08.45 am - Welcome and Introduction
Mr Nikhil Vasdev

Session 1 Prostate Cancer Diagnosis

Chair – Mr Tim Lane

08.45 – 08.55 am Case 1 presentation
Mr Tim Lane

08.55 – 09.10 am PSA and current disease patterns in the UK
Mr Freddie Banks

9.10 – 10.00 am PSA – The Male Mammogram?
Prof Mani Menon

10.00 – 10.15 am Pre Biopsy MRI – Is a prostate biopsy essential?
Dr Amit Patel

10.15 – 10.30 am Discussion
Panellist – Prof Menon, Mr Tim Lane, Mr Freddie Banks, Dr Amit Patel

10.30 – 11.00 am Coffee

Session 2 Management of Localised / Localised Prostate Cancer

Chair – Mr Nikhil Vasdev

11.00 – 11.10 am Case 2 presentation
Mr Nikhil Vasdev

11.10 – 11.30 am The Lister “Frozen section” Radical Prostatectomy Programme
Mr Jim Adshead

11.30 – 12.30 am Update on Robot assisted radical prostatectomy
• The Vattikuti Institute Prostatectomy (VIP)
• The Veil of Aphrodite nerve sparing procedure
• Manoeuvres to optimize early return of continence
Prof Mani Menon

12.30 – 12.50 am Radical Radiotherapy in Locally Advanced Prostate Cancer
Dr Roberto Alonzi

12.50 - 01.00 pm Discussion
Panellist – Prof Menon, Mr Nikhil Vasdev, Mr Jim Adshead, Dr Roberto Alonzi

01.00 – 02.00 pm Lunch

Session 3 Upper Tract Malignancy

Chair – Mr Damian Hanbury

02.00 – 02.15 pm Epidemiology and Incidence of upper tract Malignancy in the UK
Mr Tim Lane

02.15 – 02.30 pm Robotic Partial Nephrectomy
Mr Jim Adshead

02.30 - 02.45 pm CT Guided Cryotherapy – Lister Experience with technique
Dr Chris King

02.45 – 03.30 pm Advanced robotics for kidney tumours and transplantation
Prof Mani Menon

03.30 – 03.45 pm Trans versus Retro peritoneal Laparoscopic Nephrectomy
Mr Jacques Roux

03.45 - 04.00 pm Discussion
*Panellist –
Prof Menon, Mr Damian Hanbury, Dr Chris King, Mr Tim Lane*

04.00 – 04.30 pm Coffee

Session 4 Research, Training and Education

Chair – Mr Asher Alam

04.00 – 04.15 pm Robotic Research Update and Lister Robotic Urology / Vatikutti
Foundation Collaboration Project
*Mr Nikhil Vasdev
Prof Mani Menon*

04.15 – 04.25 pm Increasing indication of PET scans in Urological Malignancy
Dr Seb Chang

04.25 – 04.40 pm Robotic Urology in India – A developing country's perspective
Prof Anant Kumar

04.40 – 04.50 pm The future of our cancer network
Mr Stephen Posey

04.50 – 04.55 pm Plaque Presentation Ceremony to Prof Menon
Mr Stephen Posey

04.55 – 05.00 pm Closing Remarks
Prof Mani Menon, Mr Nikhil Vasdev, Mr Jim Adshead, Mr Tim Lane

Meeting Close