

May 2019

Dear Colleagues,

Welcome to the 1st of 2 letters from BAUS Education specifically aimed at those Foundation and Core doctors interested in pursuing a career in Urology in 2019. This newsletter is specifically designed to: keep you abreast of key information related to urology, hopefully maintain your interest in the specialty and provide you with some support in fulfilling your career. However, it is important that this is a two-way process and if there is anything you want to hear about or feel we should include in the future please email me at hheald@baus.org.uk

Also, if any of your friends or colleagues are interested in urology, please ensure you forward this newsletter to them.

Thanks

I would like to quickly extend my thanks to Dominic Hodgson for doing a fantastic job in getting the role of Education Lead for Foundation and Core Doctors up and running over the last 3 years. He has done a tremendous job and has now taken over as BAUS Education Chair.

Why UROLOGY?

Urology is a fast-paced, interesting and varied surgical specialty. You will be involved in the diagnostics phase, which is at the fore of cutting-edge technology. You will medically manage patients with old and exciting new drugs that can have powerful impact on patient's quality of life. However, you will relish the surgical techniques (endoscopic, robotic and major open surgery) that have the ability to cure patients and transform their lives. Within urology there is the ability to subspecialise: general, stone surgery, oncology – renal, bladder, prostate, penile and testicular, andrology and female and reconstructive. There is definitely a subspecialty out there with your name on it!

Outpatient and endoscopy clinics, ward work, theatre – elective and emergency and on-call commitments are often challenging but highly rewarding. Interestingly, outside day to day clinical management there are options to develop interests in education, management, clinical governance and research – clinical and basic science.

You get to work with other professionals in a truly multi-disciplinary way that ensures the best outcomes for your patients.

Don't just take my word for it. If you think it might be a career for you why don't you dip your toe in the water (pardon the pun!) Try one of the following:

- Student Selected Component module in medical school – this allows you a 4 -6-week period to get a real feel for the specialty and possibly do an audit or QuIP, maybe get involved in some research.
- When choosing your Foundation programme and rotation ensure that you get a 4-month rotation in urology. <http://www.Foundationprogramme.nhs.uk>
- Do a taster. As a F1 trainee even though you have no study leave you are allowed to do up to one-week taster with the approval of your educational supervisor and F2s are able to do

taster weeks as well. Please take time to look at the BAUS website for more information and an excellent video highlighting a doctor's experience of a taster.

https://www.baus.org.uk/professionals/sections/video_for_fyct_doctors.aspx

In choosing your Core training consider a rotation through urology even if you decide against it you will develop key skills that you can take with you whatever specialty you eventually undertake.

Look at the GMC trainee survey feedback in the different regions to see the overall level of satisfaction. You will need your GMC number and password to do this.

<https://webcache.gmc-uk.org/analyticsrep/saw.dll?Dashboard>

BAUS Annual Meeting, SEC Glasgow 24-26 June 2019

The annual meeting is in Glasgow on the dates above. The full programme looks exciting, but I would like to signpost you to a few important things:

Monday 24 June is mainly the subsection meetings with excellent speakers on a range of topics. However, this year will include the Health of Men plenary session as well as the Urology Foundation's guest lecture from the Atlantic Seamen.

Tuesday 25 June, there is a session from 8.00-10.15 entitled: Bouncing Back: support and guidance for those unsuccessful at ST3 National Selection. This will be an incredibly valuable session for those who were unsuccessful at ST3 selection. The session will cover: dealing with disappointment, discuss the negative emotions surrounding not achieving an NTN as well as getting the 'right' clinical fellow job. From 09.45am there will be a clinical fellow matching session for consultants and trainees. It will be an opportunity for trainees to find the best clinical fellow jobs and consultant/clinical leads to find the best candidates for their vacancy.

Registration for the Bouncing Back session is free but both delegates & Consultants are required to pre-register, register for Bouncing back via the link below:

<https://bausevents.eventsair.com/baus-2019-bouncing-back-support-guidance-forthose-unsuccessful-at-st3-national-selection/baus-2019-bb>

Later that morning from 10.30 – 12.45, there is a session specifically for Core doctors in urology but also for interested Foundation doctors/ Clinical Fellows. There is a welcome address from the President of BAUS Mr Duncan Summerton and talks on how to get ahead in urology, careers in urology and audit presentations by Core and Foundation doctors

In the afternoon of the 25 June from 1415-1645 the BAUS Section of Trainees (BSoT) meeting takes place and Adam Kay – author of 'This is going to hurt' will be a speaker, which promises to be entertaining and hopefully thought provoking. I'm sure many of you, like myself, have read his book so it will be interesting to see him speak in person.

Other sessions include the ePoster and oral presentations, MESH problem, highlights of the year and there is an excellent teaching programme as well. Click on the link to view the BAUS 2019 Preliminary Programme:

<https://www.baus.org.uk/userfiles/pages/files/agm/BAUS%202019%20PRELIMINARY%20PROGRAMME%20v2.pdf>

Wednesday 26 June has some interesting sessions on decision making and behaviour and a talk from Bill Turnbull, well known BBC presenter who has been diagnosed with prostate cancer on what patients want to hear. I think we, as doctors, must never lose sight of the patients' perspective, so this talk will be a must.

Finally, and most importantly BAUS have agreed to offer a reduced conference fee of only £45 if you register before the 31st May. Yes, that is right £45 for the 3 days! Get your study leave approved NOW! Come along and see really what urology is all about!

<https://bausevents.eventsair.com/baus-2019/baus19-registration/Site/Register>

Audit QuIP competition

Foundation & Core doctors are invited each year to submit an essay of no more than 1500 words on an audit /QuIP project of their choice. The first author, of each of the two entries, judged to be the best nationally will receive a prize of £100 and guest registration for, and a grant towards the cost of attending, the BAUS Annual Scientific Meeting in Glasgow from 24 to 26 June 2019, where they will each be presented with a Certificate of Merit.

The competition is closed for this year and the 2 winning candidates have been selected and will be presenting their projects along with the other selected entrants.

Please think about the audits and Quip projects that you are planning to do, and I would strongly consider that you enter your work next year.

https://www.baus.org.uk/professionals/sections/fyct_auditquip_competition.aspx

This is great way of getting your work presented on a national forum and as the saying goes if you're not in you can't win!

BAUS Core Course Urology 6-9 January 2020

Every year we run a 4-day course specifically targeted to Core and Foundation doctors who are keen on learning more about urology. This is a chance for you to take some time out and have some of the UK and Ireland's top consultants deliver talks on everything you need to know as Core urology and Foundation doctors. You'll definitely know your Bosniak 2 from your Bosniak 2F cyst and have a better understanding of what neuromodulation is along with nearly everything else you wanted to know about urology but were afraid to ask. Along with this you will get a chance to mingle with your peers and learn more about other urology units all over the UK and Ireland.

Over the last few years this has taken place in College Court Conference Centre in Leicester. Every year the feedback is almost unanimously positive. For more information:

https://www.baus.org.uk/professionals/events/3609/Core_urology_course_2020

BAUS do run other courses that may be of interest to you please follow the link

<https://www.baus.org.uk/professionals/events/date/2020/1/?type=1034#events>

BSoT (BAUS Section of Trainees)

Neil Harvey has taken over from Luke Forster who has been the FY & CT Trainee Section representative for the last 2 years and who has done a great job. Here are a few words from Neil.

'I'm a ST5 in the North West and I am lucky to be the representative of Core and Foundation Doctors, Clinical Fellows and Medical Students just as the charity SURG has been dissolved and absorbed into BAUS to become Section of Trainees (BsoT), and at a time when BAUS's support of doctors is at an all-time high.

I'm looking forward to meeting you and speaking to you over the next two years and hearing what you have to say. I am keen to hear what you want from us, hear about training in the different regions and any difficulties or challenges you may be facing in your daily working lives.

I am looking forward to BAUS and strongly encourage you to attend the BAUS meeting for Core Doctors where I will be delivering a session on 'How to get ahead in Urology'.

Please feel free to talk to me in person or contact me via email at neiljames.harvey@doctors.org.uk'.

Membership of BAUS

The aims of BAUS are to promote the highest standard in the practice of Urology for the benefit of patients by fostering education, research and clinical excellence. Why not become an associate member? You can join as a medical student, Foundation or Core doctor. Please see the link that follows: <https://www.baus.org.uk/about/join/default.aspx>

Get involved in Audit!

Clinical Audit is one of the main ways we have of checking if healthcare is being provided to the standard expected. Audits may reassure patients and health care staff about the service they receive/provide or inform staff about areas that need development or improvement. We, as doctors, have a duty to lead in this area.

If you are looking to get involved with your department and also want to improve your CV then please check out the essential audit page on the website, where you'll find examples that can be performed over a couple of afternoons:

https://www.baus.org.uk/professionals/bsot/baus_essential_audits.aspx

Finally, Brexit or no Brexit, urology welcomes doctors from all backgrounds, countries, race, religion etc. As long as you are prepared to work hard and adhere to the high standards held by BAUS, then we are committed to helping you develop. If there is anything we can do for you please get in touch.

Keep in touch,

Anna O'Riordan
BAUS Education Lead, Foundation & Core Trainees