

# Assessing the lung and mediastinum in cancer-is tissue the issue?

- George Santis



# Optimal management of Cancer

- Histological diagnosis & accurate staging at presentation
- Molecular analysis of primary tumour and increasingly, of recurrent/progressive disease
- Correct diagnosis of recurrent or metastatic disease

# Pulmonary involvement in extrathoracic cancers

- Lung nodule/s
- Mediastinal lymphadenopathy
- Pleural effusions

# Pulmonary metastases in Urological Cancers

Primary tumour	Frequency of lung metastases (%)	Frequency at autopsy (%)
Testis	12	70-80
Kidney	20	50-75
Bladder	7	25-30
Prostate	5	15-50

What is the alternative to tissue?

# PET-CT in cancer diagnosis and staging

- FDG taken up in conditions with increased glucose metabolism
- Not dependent on size or shape of lymph nodes/mass
- High uptake occurs in cancer

# FDG-PET IN THE ASSESSMENT OF ISOLATED PULMONARY NODULES

SUV > 2.5

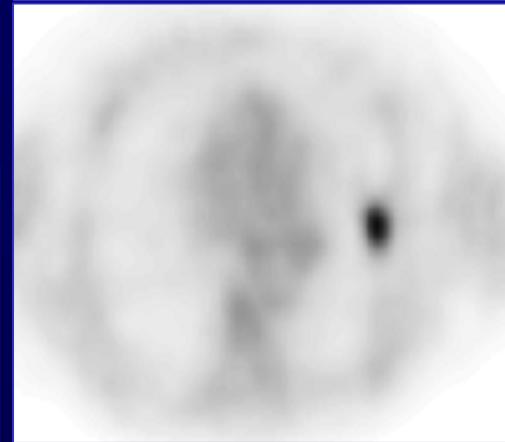
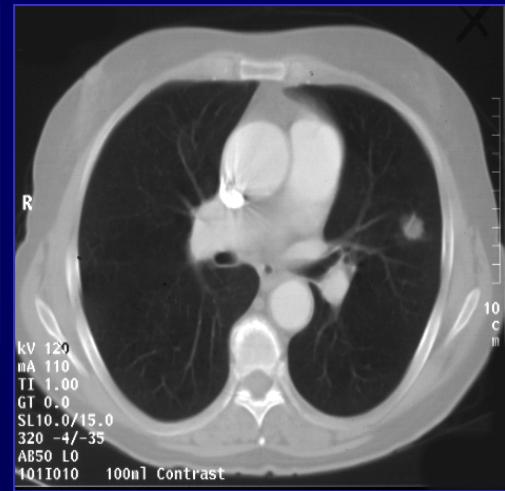
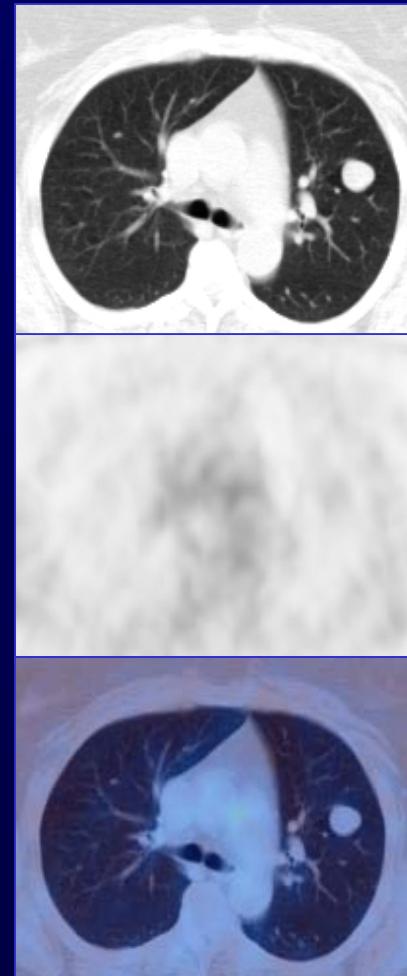
Sensitivity 94%

Specificity 71%

Accuracy 86%

PPV 90%

NPV 85%



Any visual uptake probability of malignancy 60%

# Pulmonary Nodules-False Positive PET-CT

**False positives**

*Granulomas*

*Abscess*

*Sarcoid*

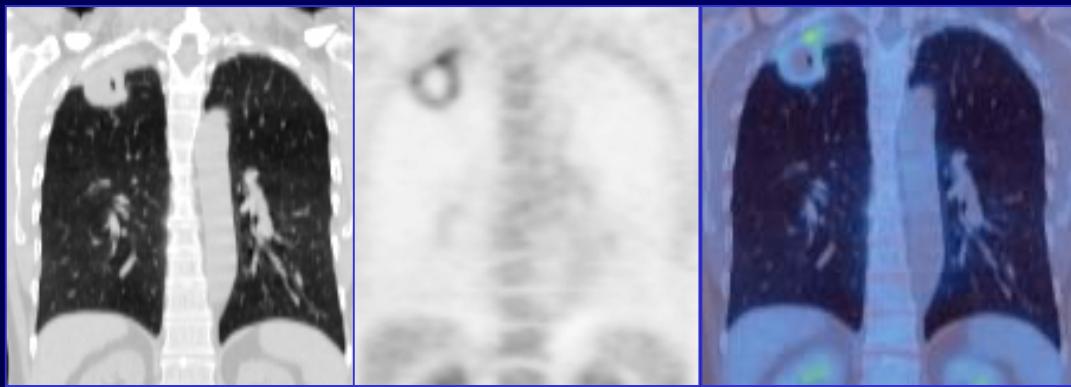
*Amyloid*

*Wegener's*

*Rheumatoid*

*Histoplasmosis*

*Aspergillosis*



## N Stage - accuracy

Author	No:	CT	PET	PET/CT
Cerfolio 2003	400	68%	76%	
Cerfolio 2004	129		56%	78%
Malek 2008	170	78%	74%	
Yang 2008	122	70%		85%
de wever 2007	50	60%	70%	80%

# Nodal Stage

Patients	Sens %	Spec %	PPV %	NPV %	Prev-alence %
CT n = 3438	57	82	56	83	28
PET n = 1045	84	89	79	93	32

Toloza et al Chest 2003

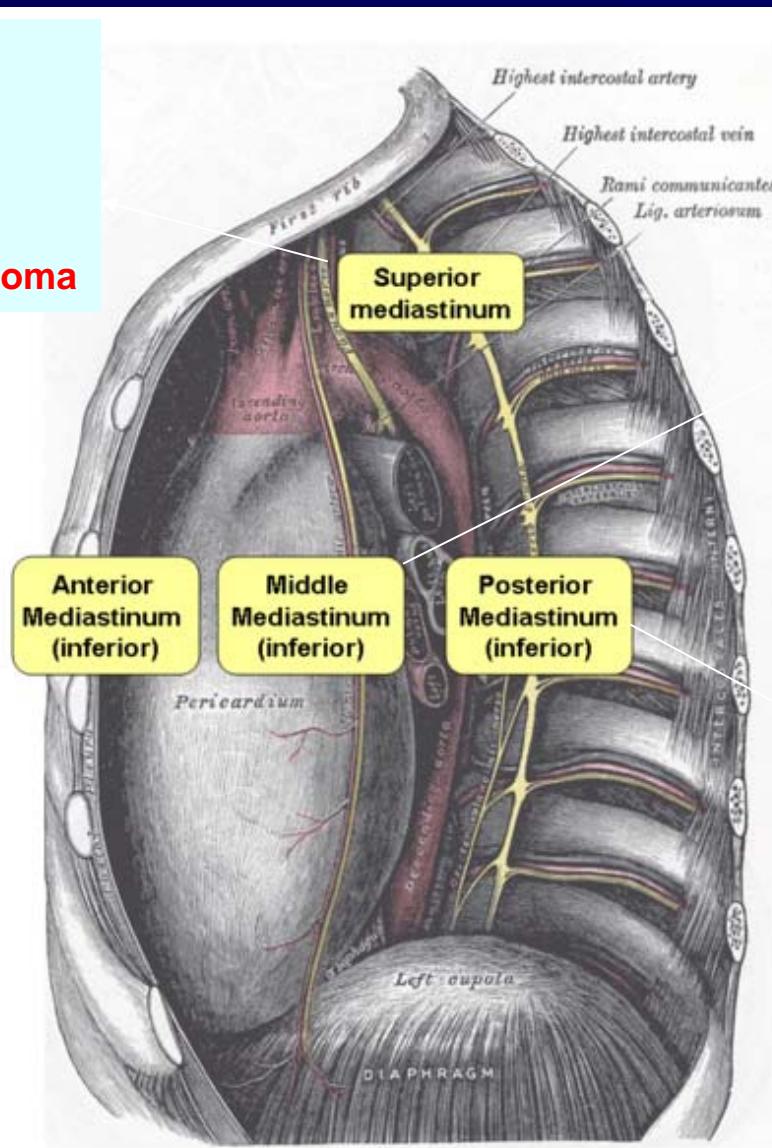
## Sampling pulmonary nodules for pathological diagnosis-what are the options?

- Ultrasound or CT-guided transthoracic biopsy/FNA
- Bronchoscopy and endobronchial radial probe + FNA
- Surgery

# Localization of pathology

**Thymoma**  
**Thymic cysts**  
**Lymphoma**  
**Thyroid lesions**  
**Parathyroid adenoma**

**Thymoma**  
**Thymic cysts**  
**Germ cell tumours**  
**Thyroid & parathyroid lesions**  
**Lymphoma**  
**Paraganglioma**  
**Soft tissue tumours**



**Pericardial cyst**  
**Bronchial cyst**  
**Lymphoma**

**Neurogenic tumours**  
**Paraganglioma**  
**Gastroenteric cysts**  
**Lymphoma**

# Pathological diagnosis of abnormal mediastinum

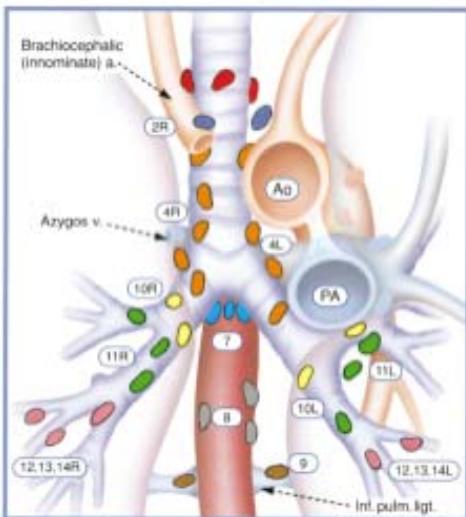
Mediastinoscopy is the gold standard, or is it??

# Endobronchial Ultrasound (EBUS)

- Ultrasonic ‘hybrid’ bronchoscope with linear scanning ultrasound capability
- Dedicated aspiration needle with echogenic tip
- Balloon Port
- Doppler

# EBUS at KHP





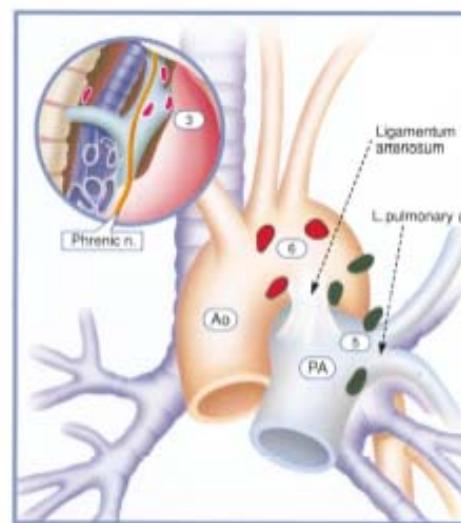
### Superior Mediastinal Nodes

- 1 Highest Mediastinal
- 2 Upper Paratracheal
- 3 Pre-vascular and Retrotracheal
- 4 Lower Paratracheal (including Azygos Nodes)

N<sub>i</sub> = single digit, ipsilateral  
N<sub>j</sub> = single digit, contralateral or suprascapular

### Aortic Nodes

- 5 Subaortic (A-P window)
- 6 Para-aortic (ascending aorta or phrenic)



### Inferior Mediastinal Nodes

- 7 Subcarinal
- 8 Paraesophageal (below carina)
- 9 Pulmonary Ligament

### N<sub>1</sub> Nodes

- 10 Hilar
- 11 Interlobar
- 12 Lobar
- 13 Segmental
- 14 Subsegmental

(Mountain/Dresler modifications from Nanao/ATS-LCSG Map)

© 1997 Permits are permissible for educational use only.

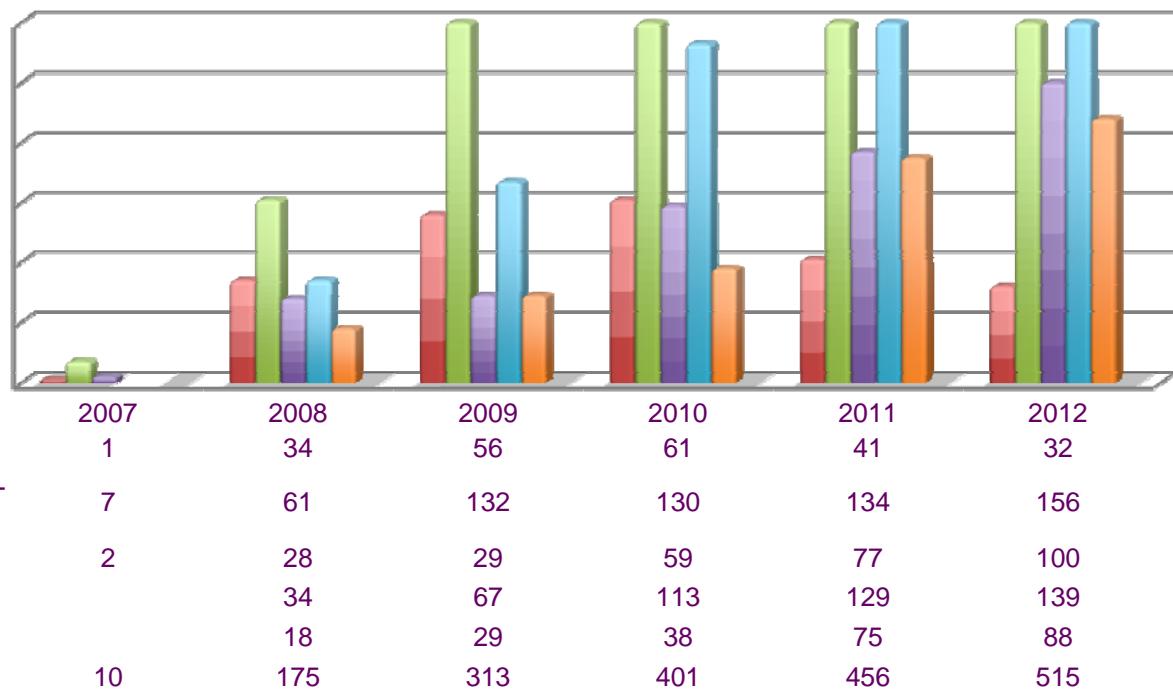
**TABLE 3**  
Procedures Used to Sample Lymph Nodes, by Lymph Node Level

Lymph node level	Mediastinoscopy	Thoracotomy	Chamberlain/WATS	Esophageal sonography
2L, 2R	✓			
4L, 4R	✓	✓		
5, 6		✓	✓	
7	✓	✓		
8, 9		✓		
10L, 10R		✓	✓	
11-14				✓

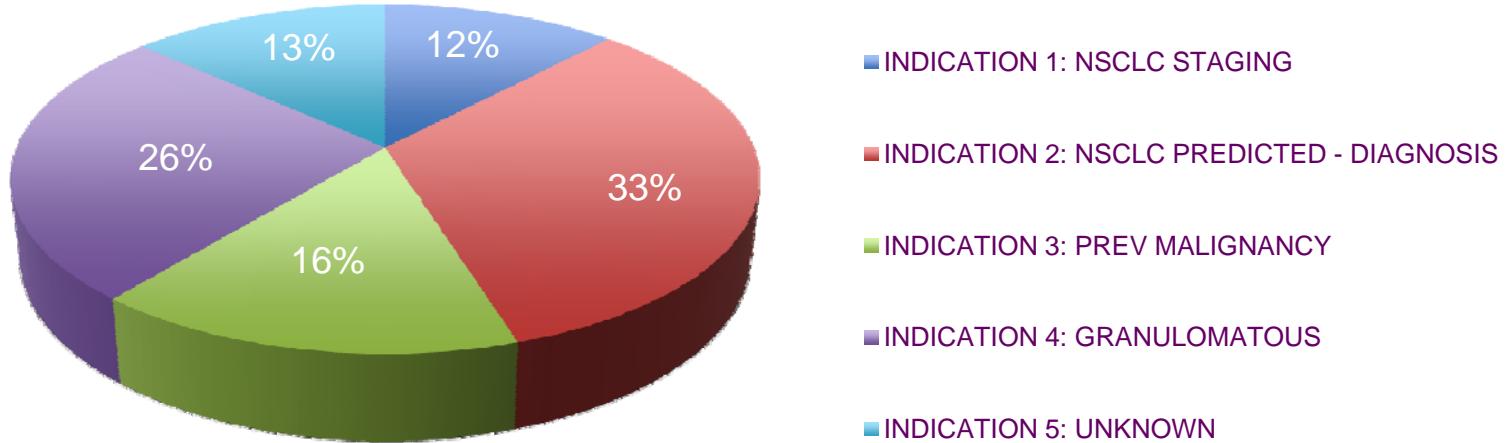
Reprinted with permission of Society of Thoracic Surgeons (49).

## Indication for referral / year

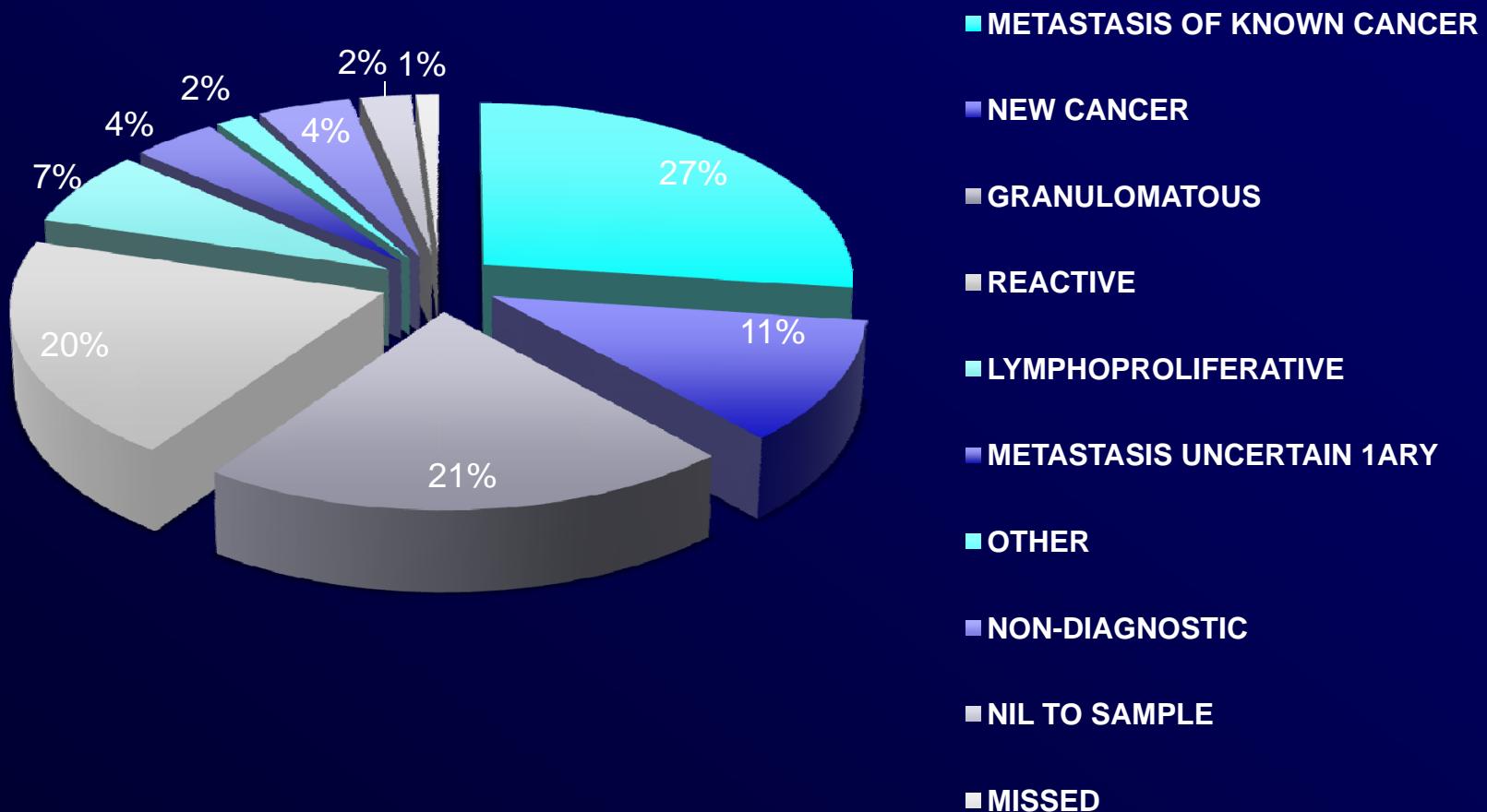
Number of Cases



# EBUS Referrals (2008-12)

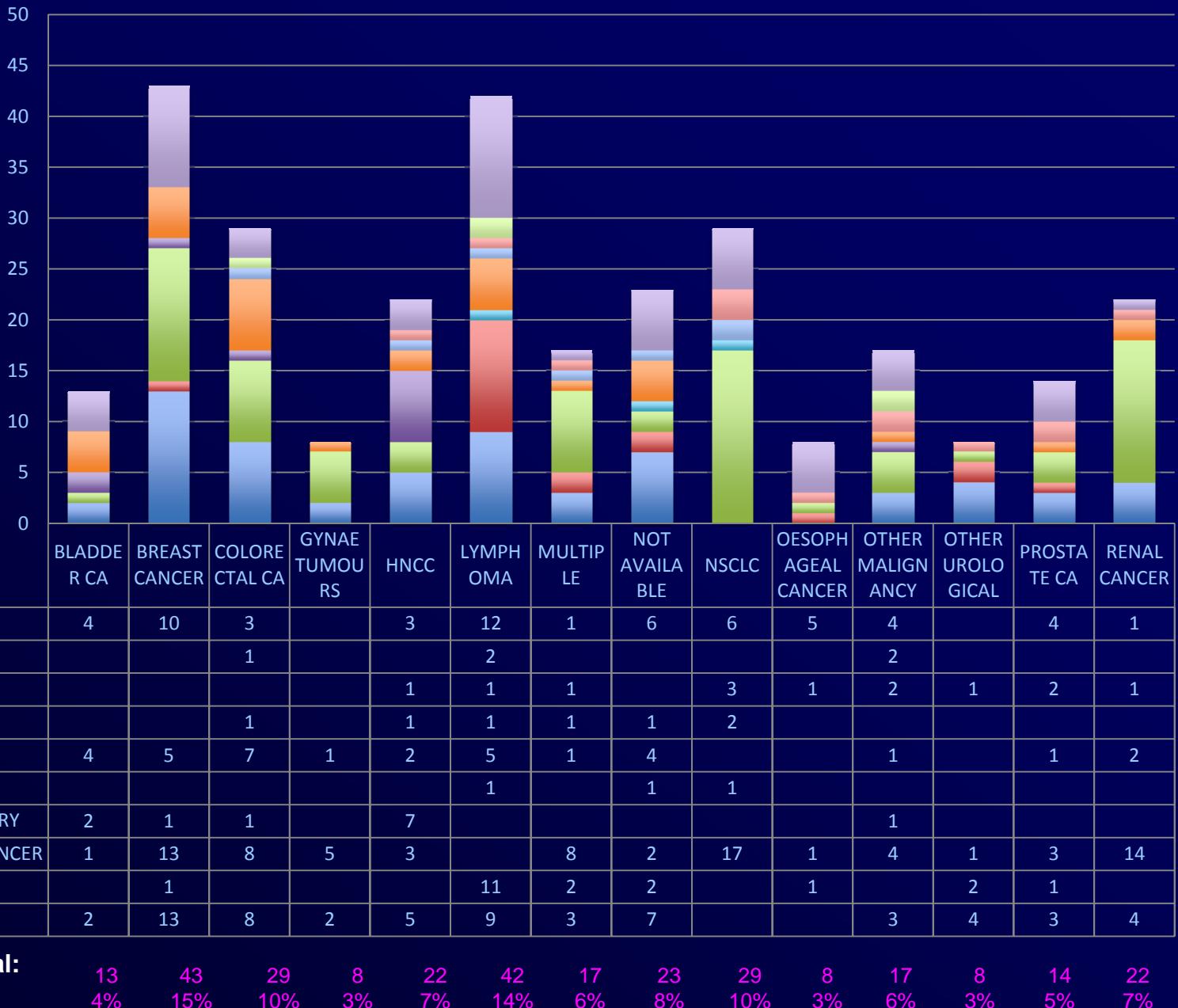


# Diagnostic outcome of EBUS-TBNA in patients with pre-existing malignancy



## Indication 3: Previous cancer vs Outcome

Cases (Grouped by outcome)



Se:4  
Im:61

[A]

Study Date:23/01/2008  
Study Time:15:02:30  
MRN:

[R]

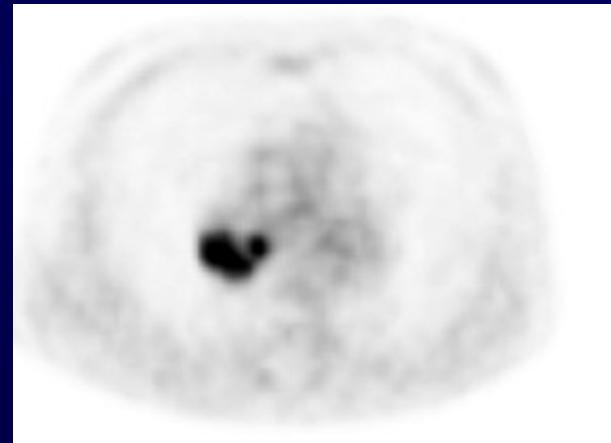
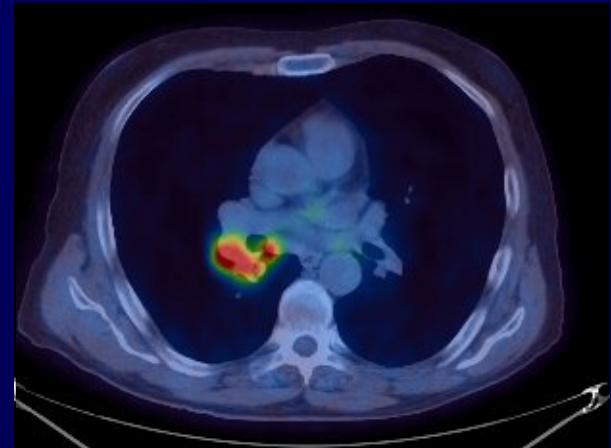
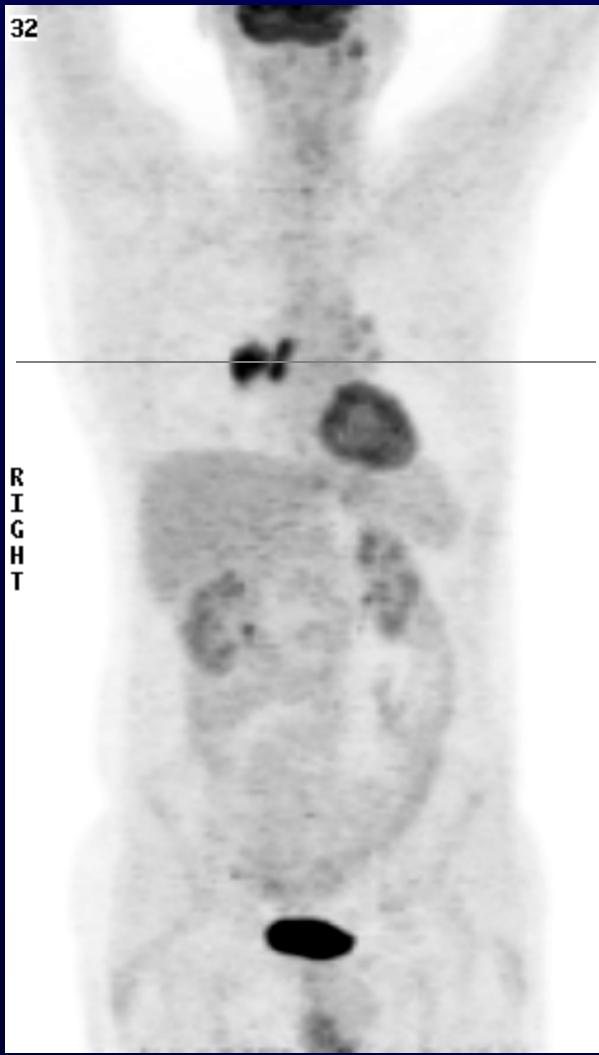
[L]

CONTRAST

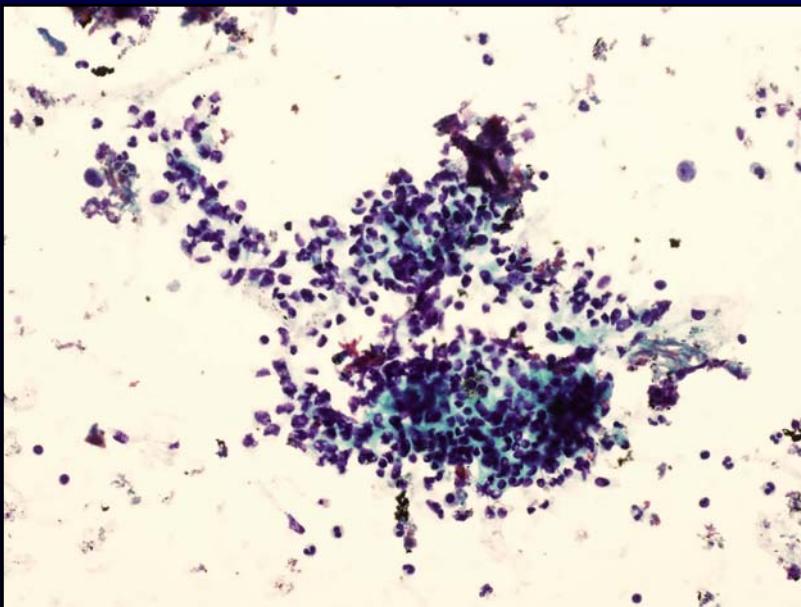
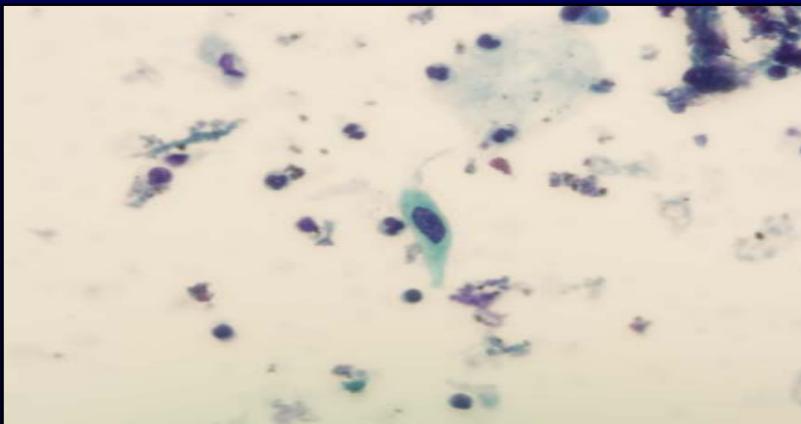
[P]

C40  
W400

32

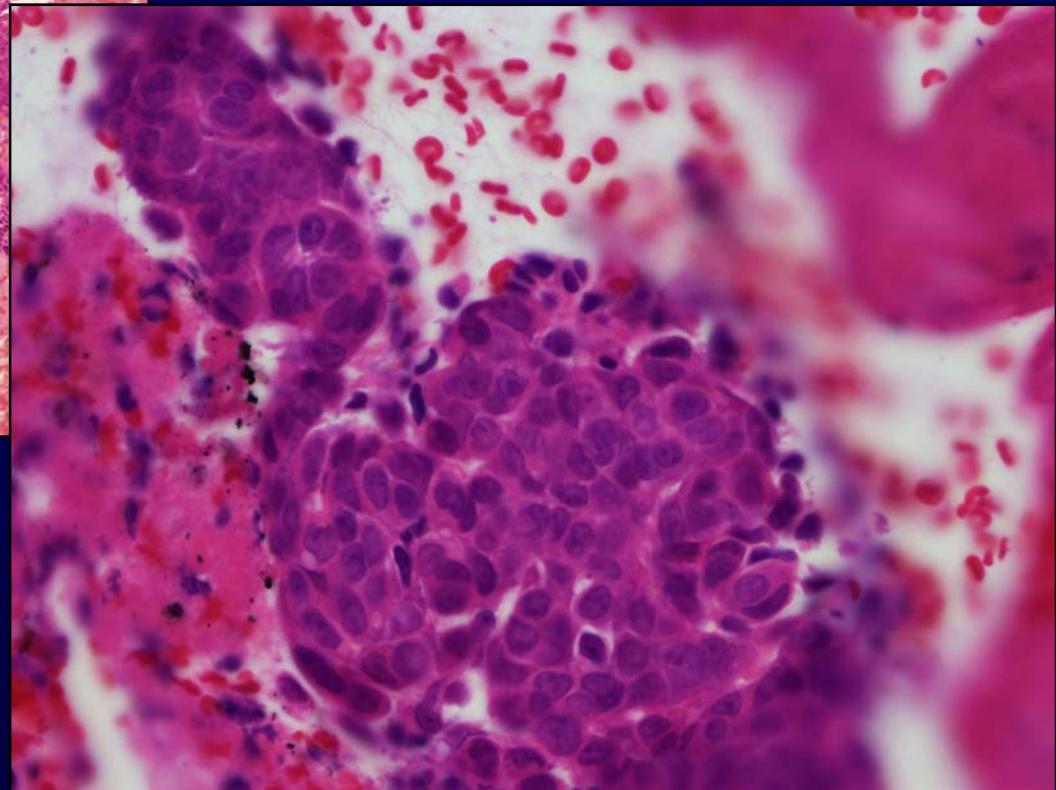
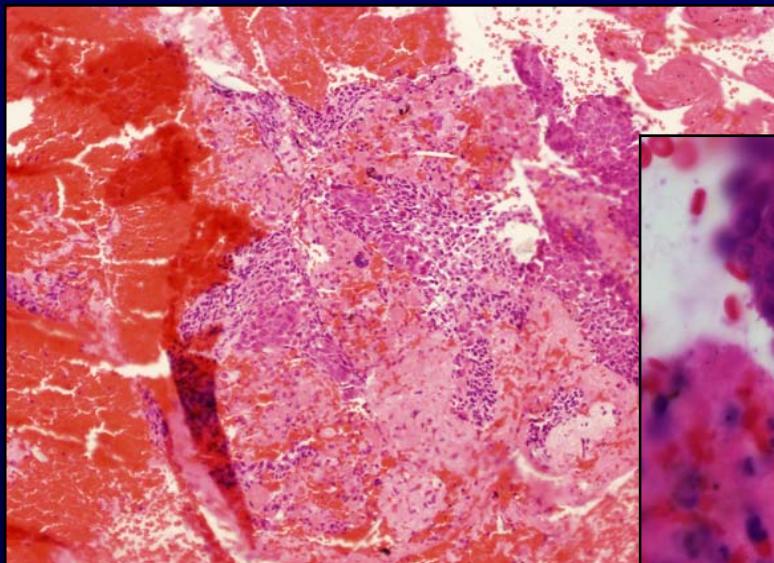


DC      Right Hilar Mass EBUS-FNA



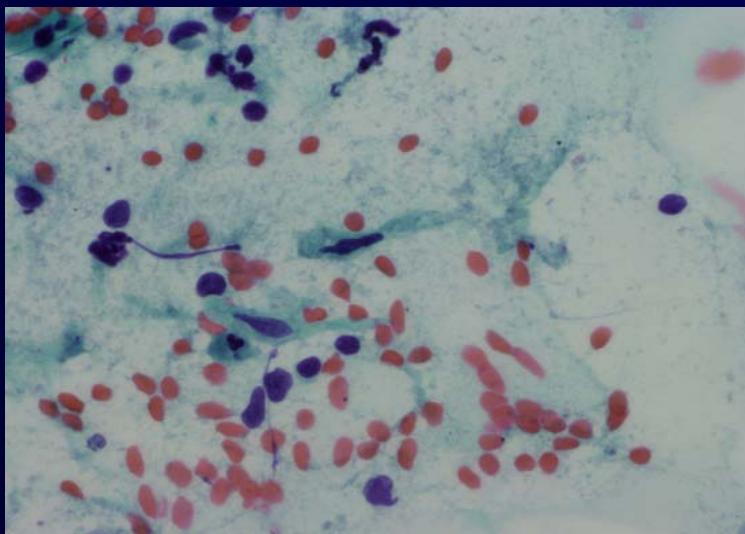
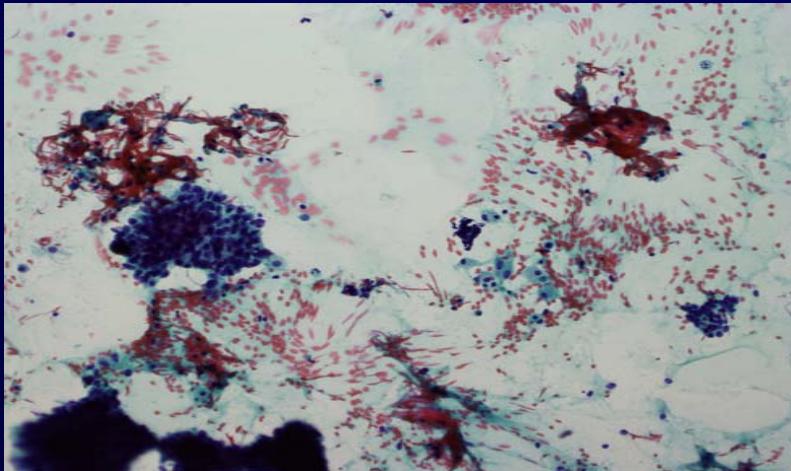
Cellular aspirate  
Malignant cells present  
High nuclear to  
cytoplasmic ratio  
Pleomorphic nuclei  
Prominent nucleoli  
Turquoise cytoplasm  
No lymphocytes

# Cell Block



Diagnosis: NON-SMALL CELL CARCINOMA  
- PROBABLY SQUAMOUS

## DC subcarinal node

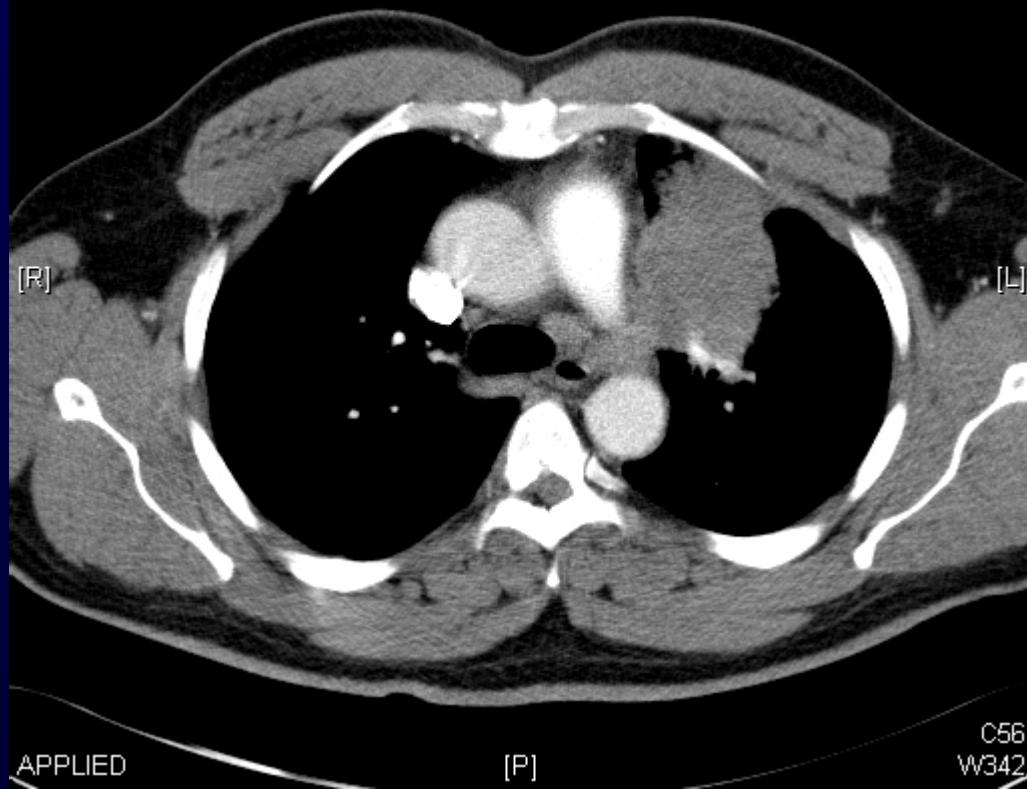


Cellular aspirate  
Mixed population of lymphocytes  
Malignant cells also present  
High nuclear to cytoplasmic ratio  
Angulated nuclei  
Prominent nucleoli  
Turquoise cytoplasm

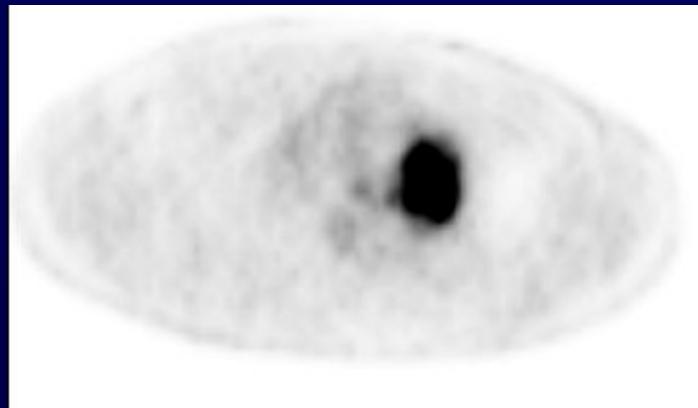
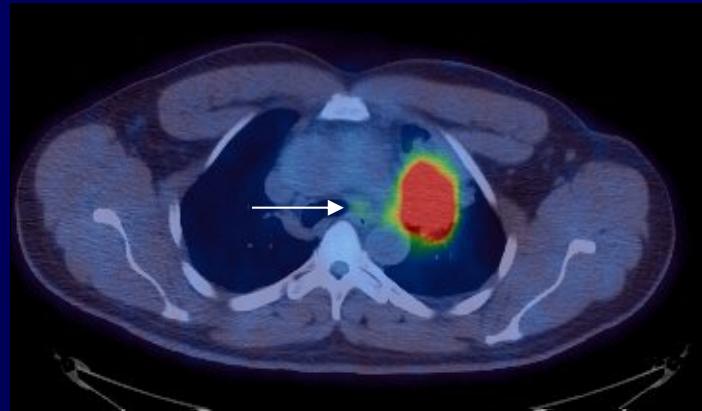
Se:2  
Im:20

[A]

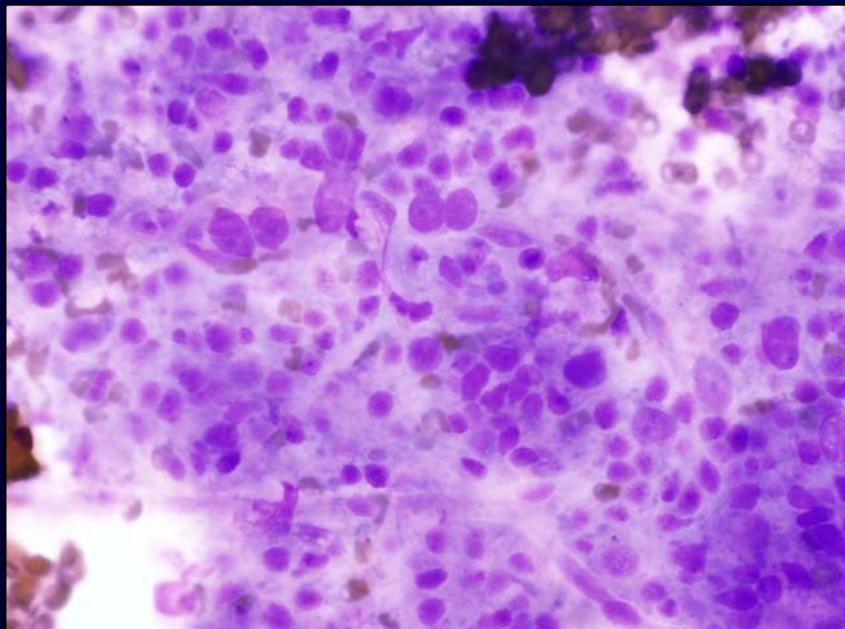
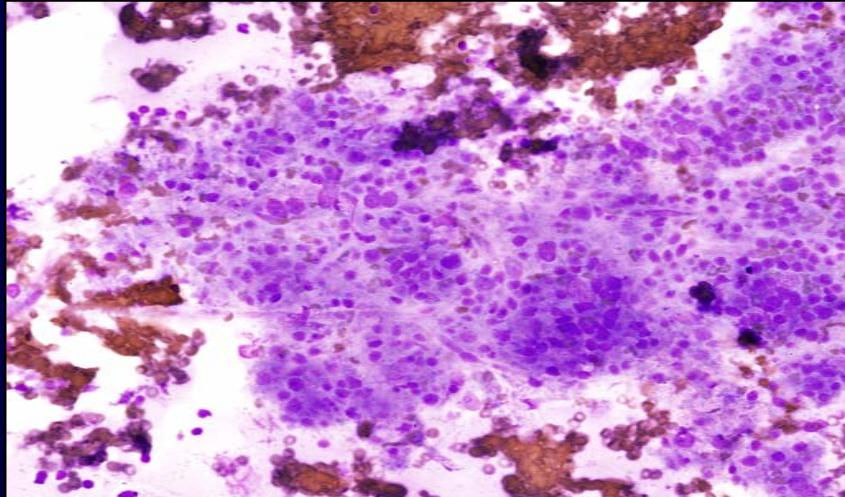
Study Date:04/01/2008  
Study Time:00:00:00  
MRN:



32



## Patient BK: EBUS-FNA from station 4L lymph node



Mixed population of lymphocytes

Few groups of atypical cells also present

High nuclear to cytoplasmic ratio

Angulated nuclei

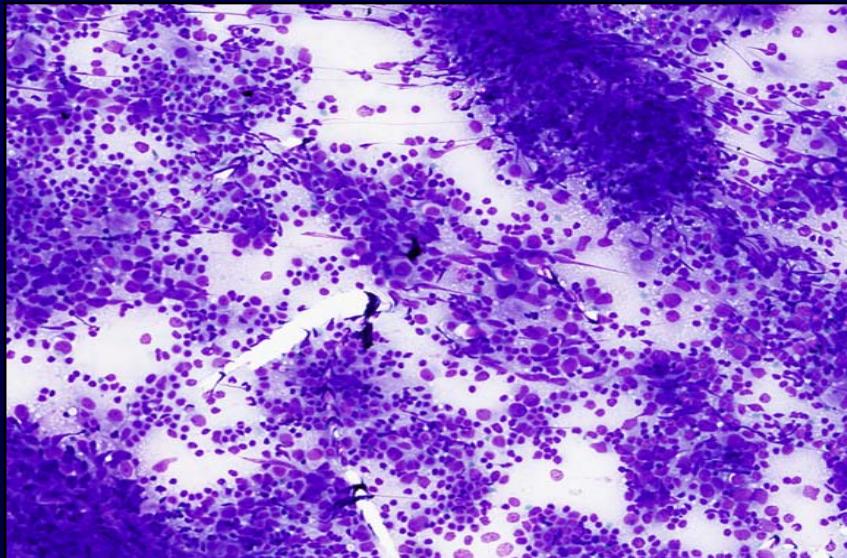
Prominent nucleoli

Se:2  
Im:29

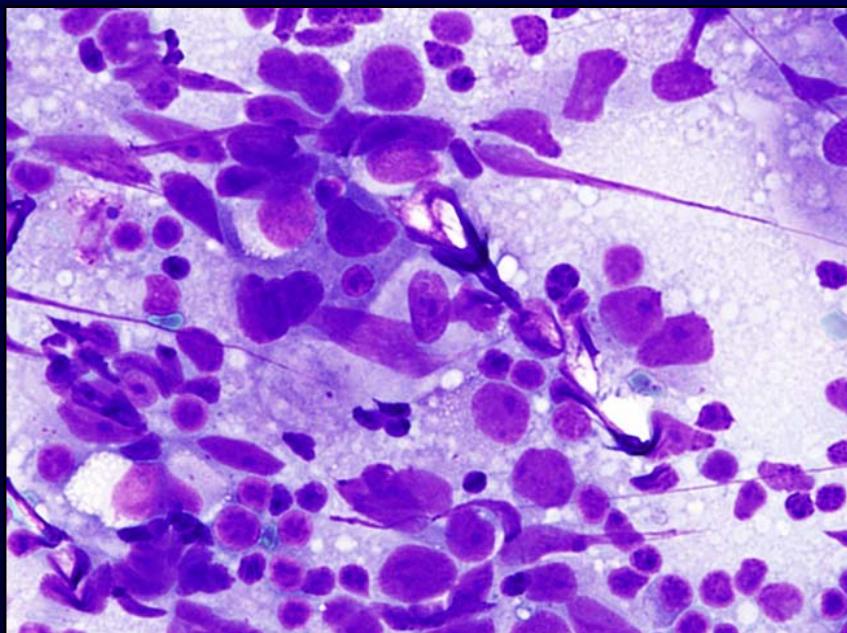
[A]

Study Date:14/01/2008  
Study Time:12:32:35  
MRN:



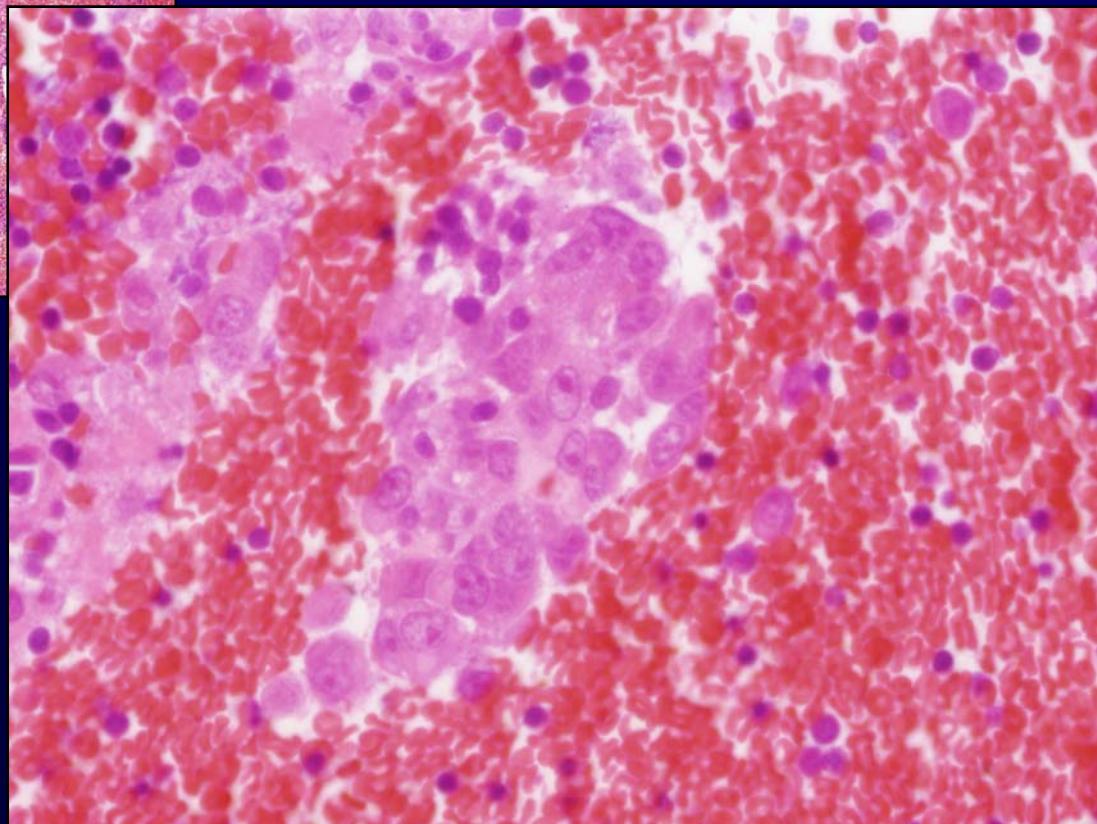
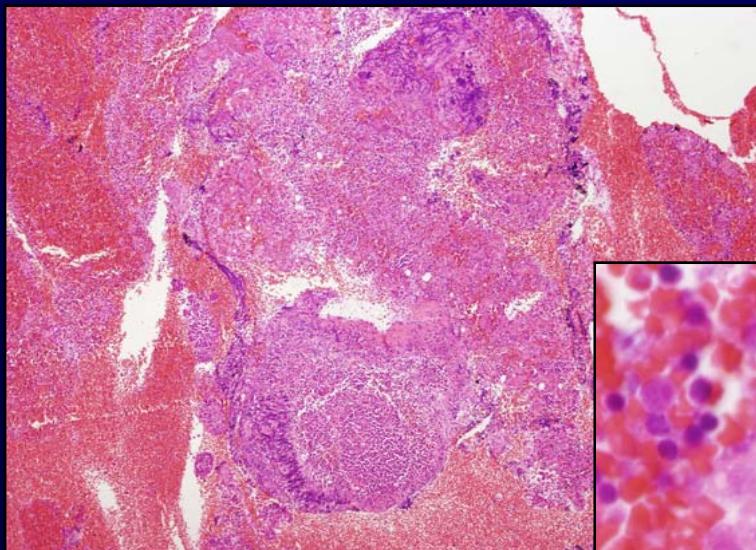


Mixed population of lymphocytes  
Malignant cells also present



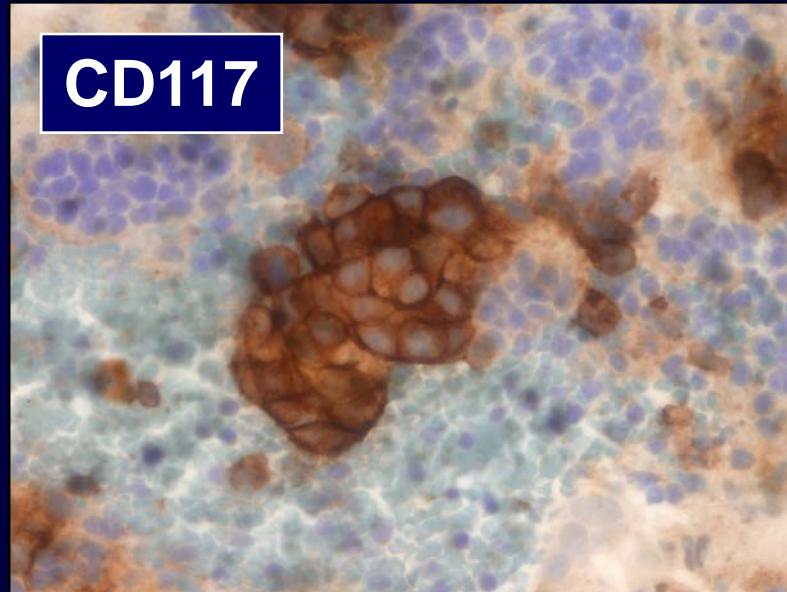
High nuclear to cytoplasmic ratio  
Pleiomorphic nuclei  
Prominent nucleoli  
Delicate cytoplasm

# Cell Block

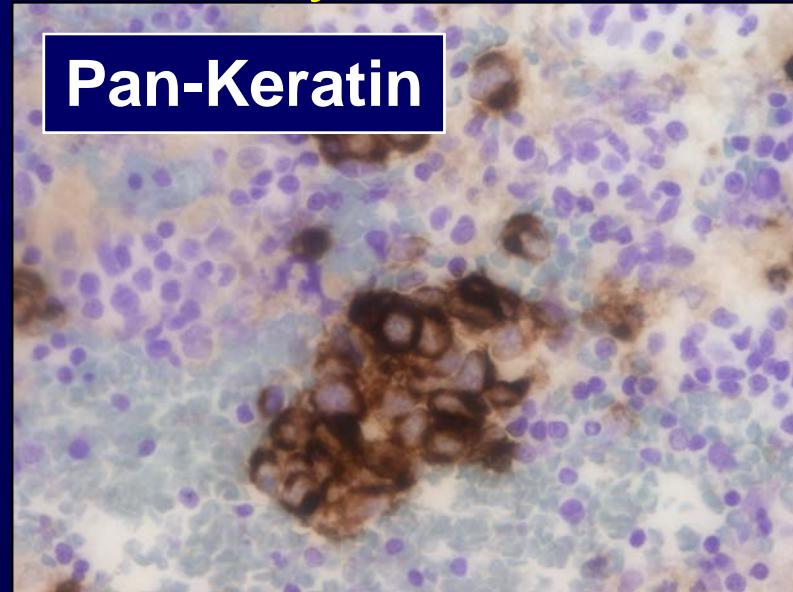


# Immunohistochemistry

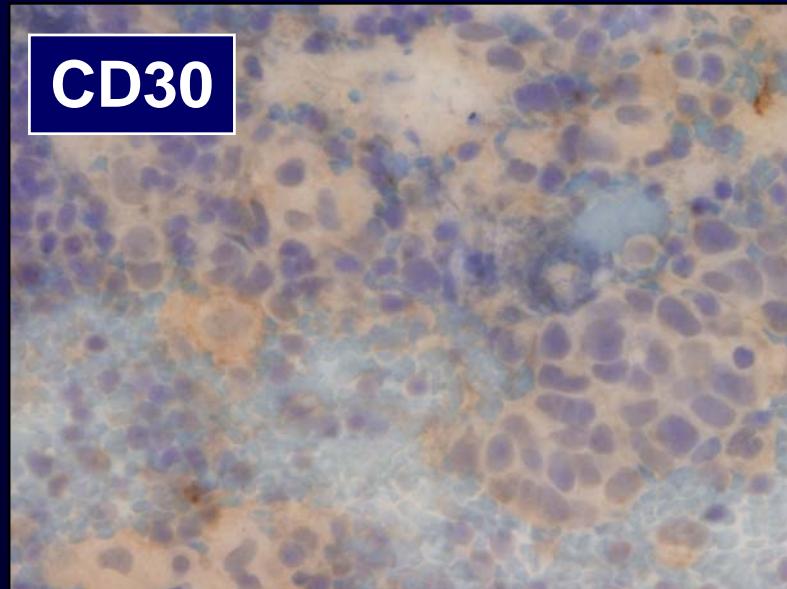
CD117



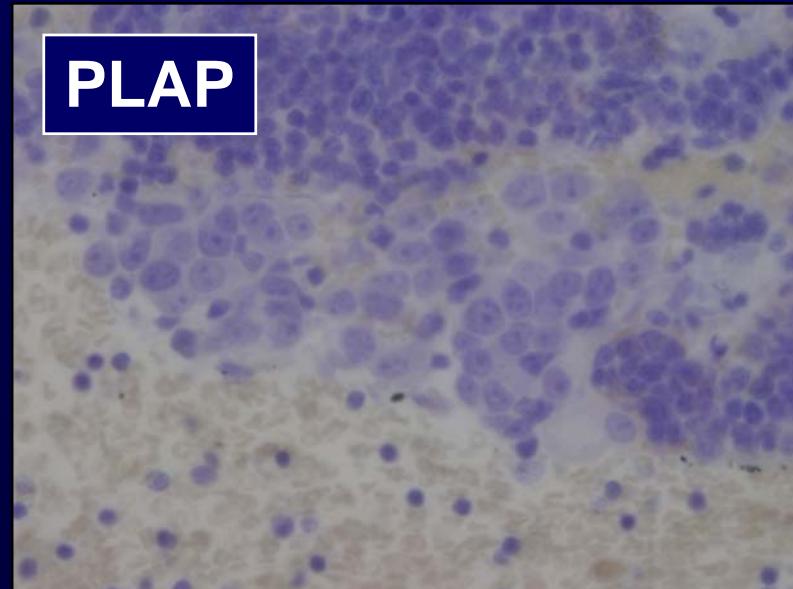
Pan-Keratin



CD30



PLAP



# ?METASTATIC NON-SEMINOMATOUS GERM CEL TUMOUR

**Primary reviewed:**

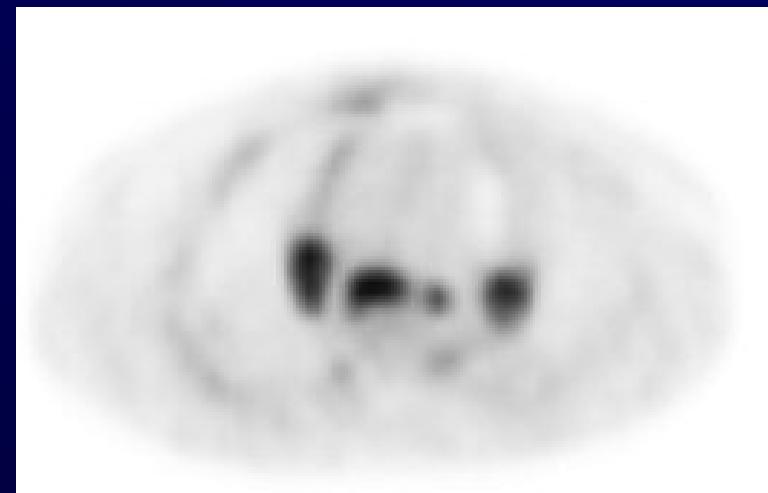
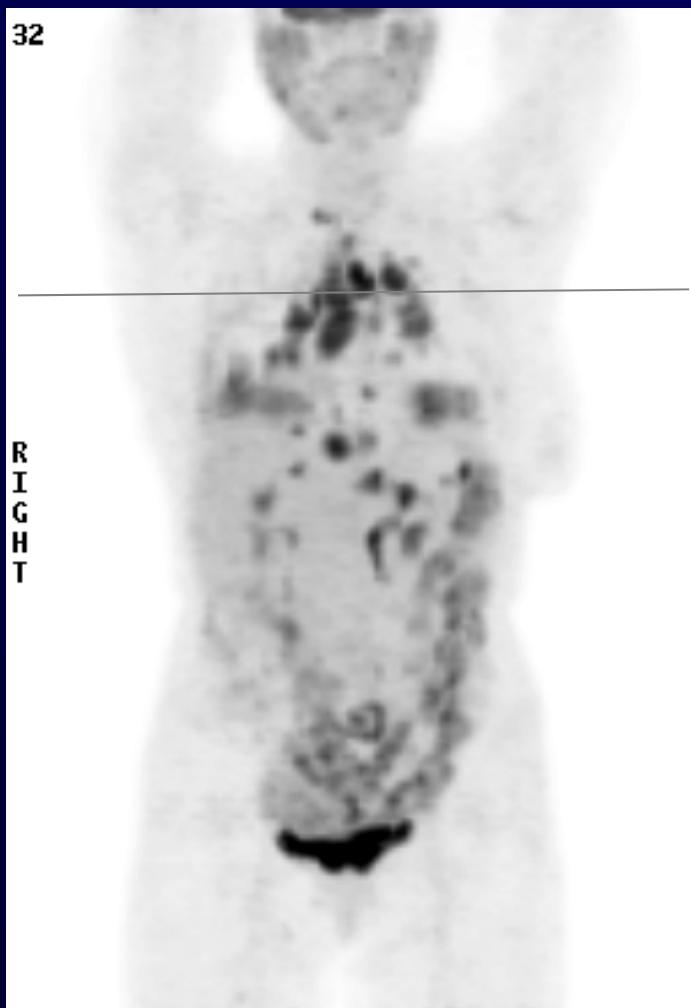
- *CD117 positive*
- *Pan-keratin positive*
- *PLAP negative*
- *CD30 negative*

**Final Diagnosis:**

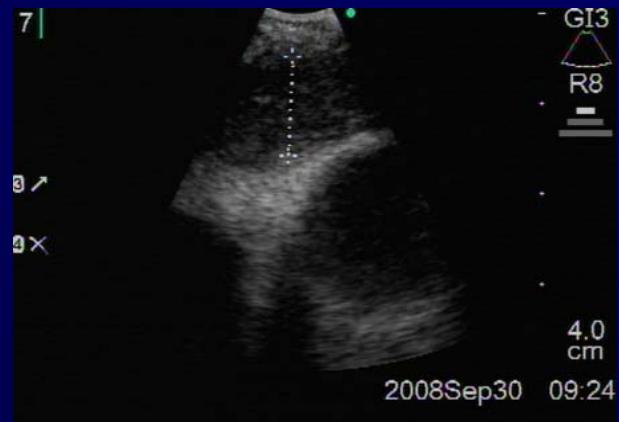
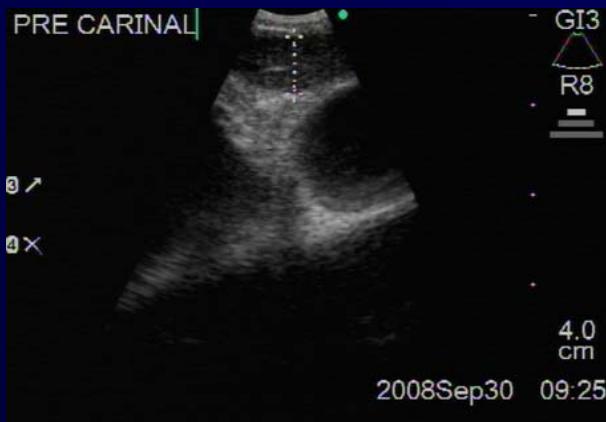
- **METASTASES FROM PRIMARY TESTICULAR  
TUMOUR**

32

R  
I  
G  
H  
T

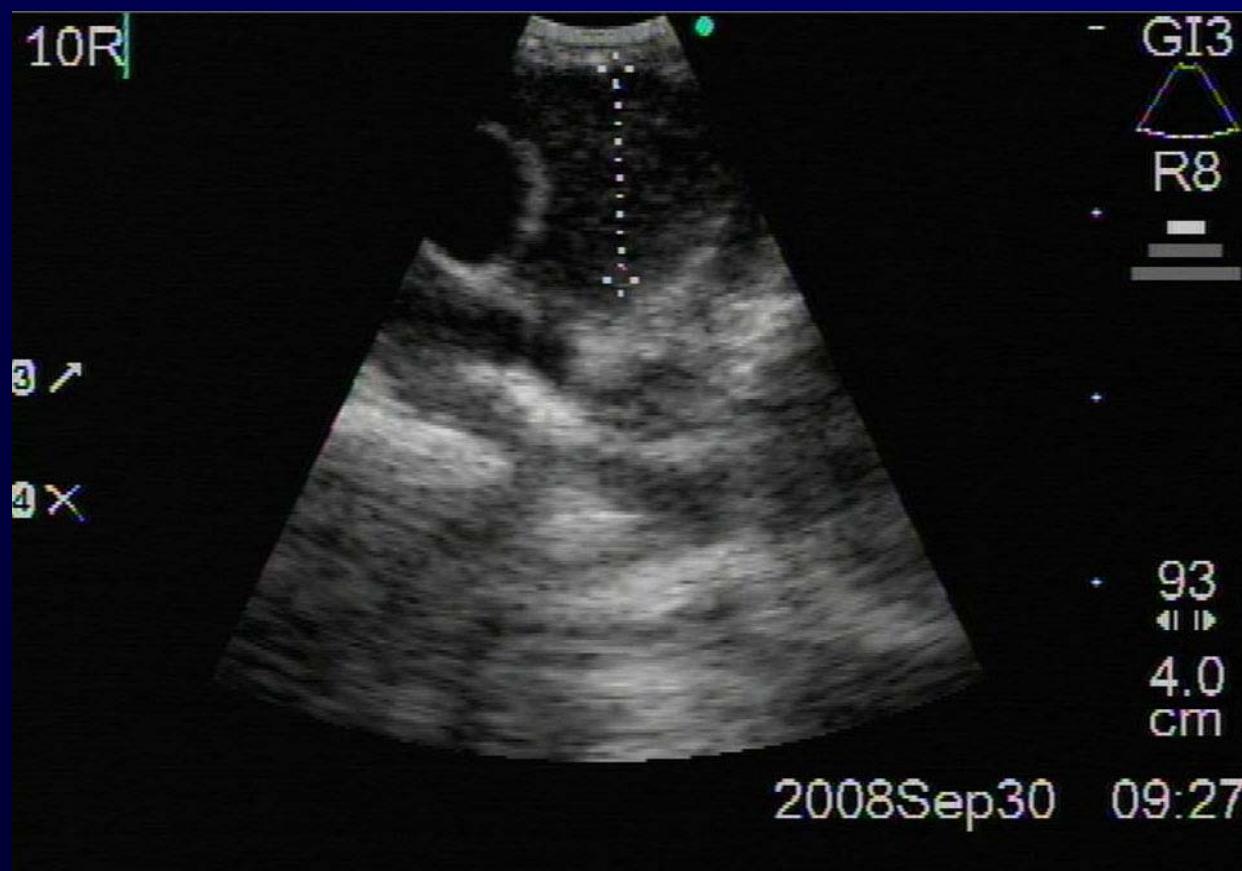


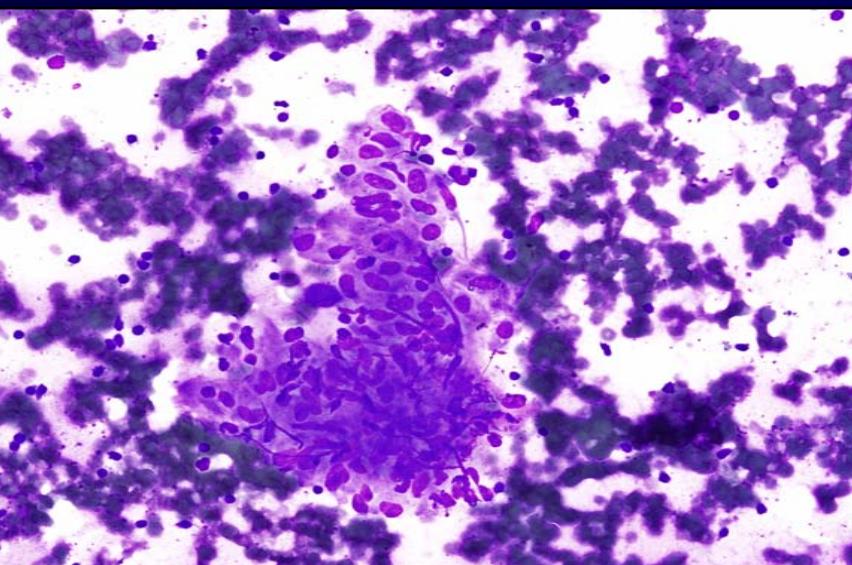
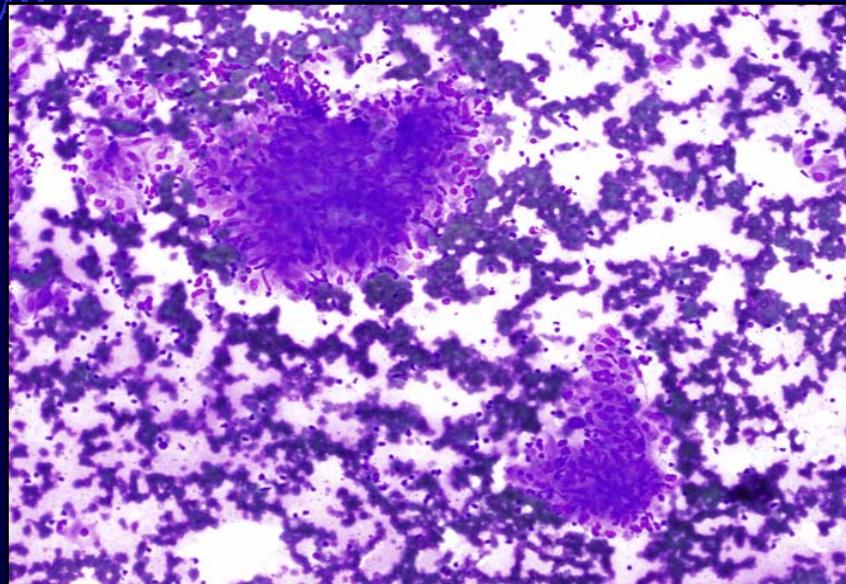
# AM



FDG avid mediastinal/hilar nodes.  
RCC L kidney

AM





Mixed population of lymphocytes including tingible body macrophages

Numerous granulomas

No malignant cells seen

Se:2  
Im:27

[A]

Study Date:30/01/2008  
Study Time:15:44:43  
MRN:

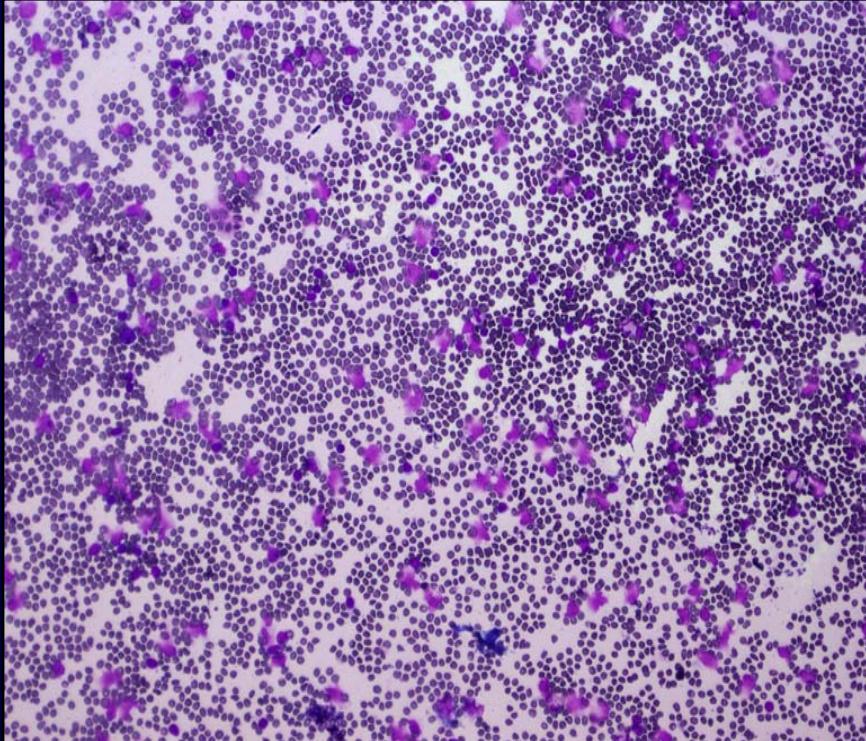


CE

[P]

C40  
W350

DM



Scanty and degenerate population of mixed lymphocytes including tingible body macrophages

Bronchial epithelial cells

No malignant cells seen  
but ?representative

Can EBUS-FNA samples provide more than diagnostic information?

# EGFR & K-RAS mutation analysis in GSTT EBUS-derived aspirates

## Frequency of EGFR and KRAS mutations in metastatic lymph nodes in NSCLC\*

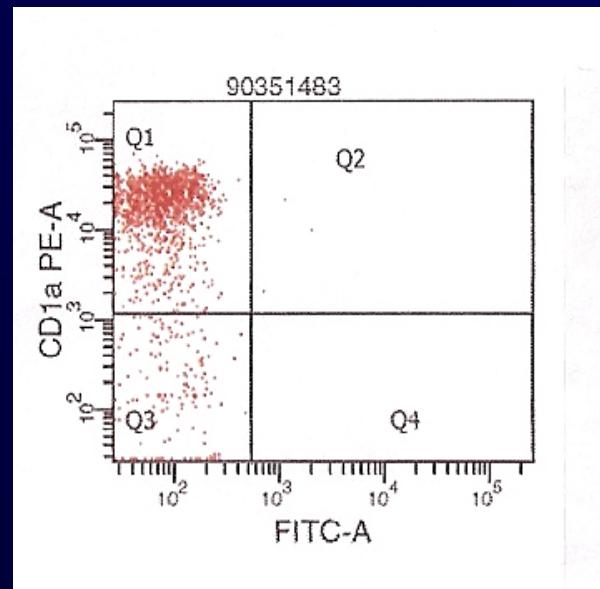
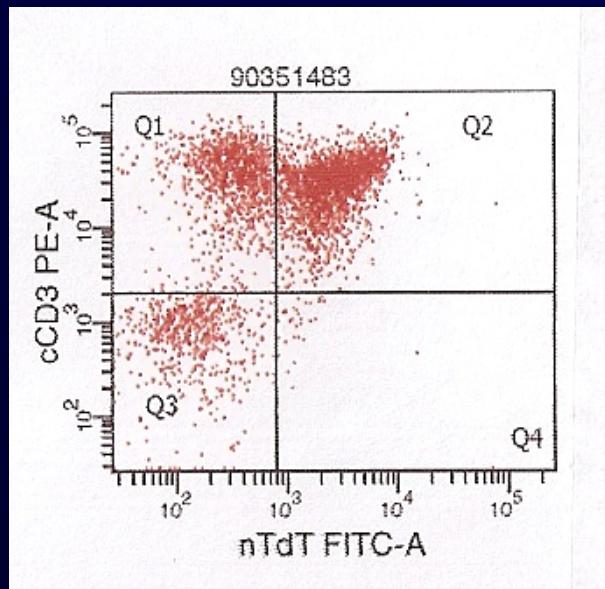
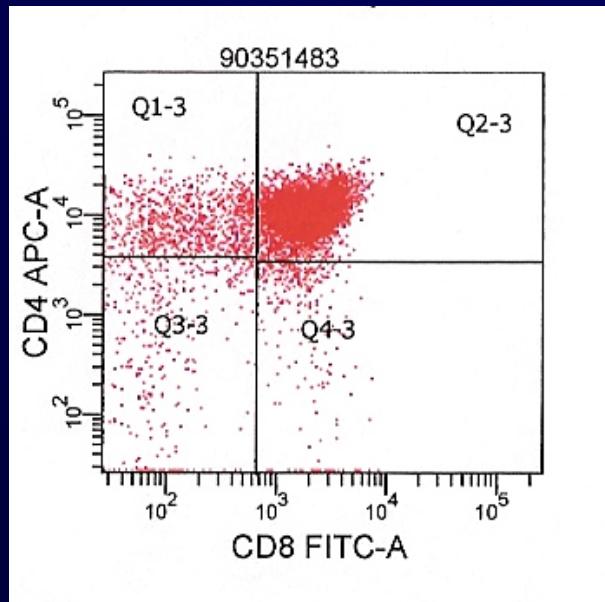
Tumour type	EGFR mutations (%)	KRAS mutations (%)
Adenocarcinoma	11/89 (12.3%)	18/93 (19%)
NSCLC-NOS <sup>+</sup>	2/18 (11.1%)	5/18 (27.7%)
Large cell neuroendocrine	0/2	0/2
Large cell carcinoma	0/1	0/1
Squamous cell	0/16	0/16
Non-squamous	13/110 (12%)	23/114 (20%)

- \*Refers to data for fully analysed patient samples

DNA obtained from EBUS-FNA samples in  
99% cases.

EGFR and KRAS mutations detected by cold-PCR			
EGFR		Number of cases	
Adenocarcinoma	G719A <sup>+</sup>	Exon 18	2
Adenocarcinoma	L747P <sup>+</sup>	Exon 19	1
NSCLC-NOS <sup>+</sup>	2481-2495del15	Exon 19	1
Adenocarcinoma	P733S <sup>+</sup>	Exon 19	1
Adenocarcinoma	V760M <sup>*</sup>	Exon 19	1
Adenocarcinoma	H805L <sup>*</sup>	Exon 20	1
Adenocarcinoma	2319 insertion CAG2320 <sup>+</sup>	Exon 20	1
Adenocarcinoma	L858R <sup>+</sup>	Exon 21	2
Adenocarcinoma	L833V <sup>+</sup> +L858R <sup>+</sup>	Exon 21	1
Adenocarcinoma	L861E <sup>+</sup>	Exon 21	1
NSCLC-NOS <sup>+</sup>	L858R <sup>+</sup>	Exon 21	1
KRAS			
Adenocarcinoma	G12C	Exon 2	13
Adenocarcinoma	G12V	Exon 2	4
Adenocarcinoma	G61H	Exon 3	1
NSCLC-NOS <sup>+</sup>	G12C	Exon 2	3
NSCLC-NOS <sup>+</sup>	G12V	Exon 2	1
NSCLC-NOS <sup>+</sup>	G61H	Exon 3	1

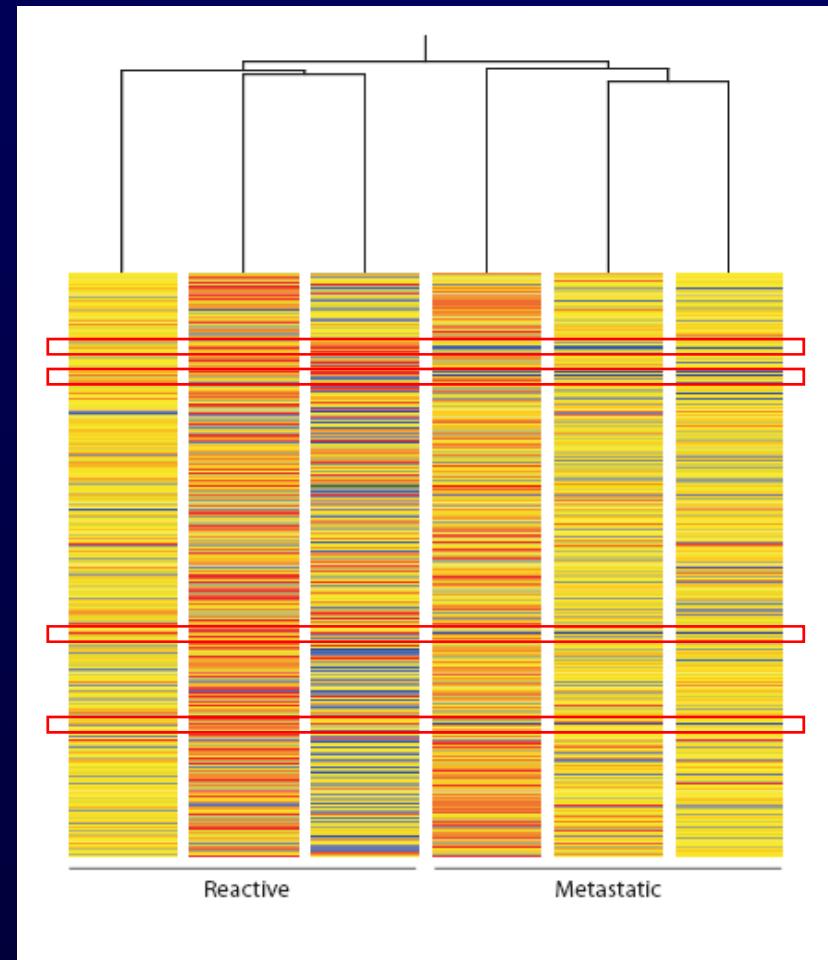
Refers to known EGFR mutations. \*Refers to novel EGFR mutations. <sup>+</sup>Refers to not-otherwise specified



# Analysis of global gene expression in EBUS-derived cytological aspirates

## Hierarchical clustering

- "Unsupervised" approach
- Groups genes segregating benign and malignant nodes by genes defining similarity.
- Use to define tumour "signature" of predictor genes: e.g. metastasis, lymph node involvement



**ASSESSING THE LUNG AND MEDIASTINUM IN CANCER-  
TISSUE IS THE ISSUE!!**



# Classical Hodgkin lymphoma

Final EBUS diagnosis	N (%)	Reasons / Pitfalls	Histological diagnosis
Classical Hodgkin lymphoma	16 (73%)		
Suspect Hodgkin lymphoma	6 (27%)	<b>2 cases no cell blocks for IHC – early days of service (08-09).</b>	CHD - NS CHD - MC
		<b>1 case no material on cell block. No / few eosinophils. Could not morphologically exclude T-cell rich large B-cell lymphoma.</b>	CHD - NS1
		<b>1 case insufficient material on cell block for IHC.</b>	CHD - NS1
		<b>1 case partial immunophenotype only.</b>	CHD - NS1
		<b>1 case partial immunophenotype; suspected as CHL with aberrant CD20 expression – turned out to be DLBCL on neck node biopsy</b>	DLBCL

# Confidence of CHD diagnosis with development of service

