

35-43 Lincoln's Inn Fields London WC2A 3PE Tel: 020 7869 6950 Fax: 020 7404 5048 Email: events@baus.org.uk

21 May 2018

Dear Colleagues,

This is the fifth biannual newsletter from BAUS specifically aimed at those doctors interested in pursuing a career in Urology who are at pre-ST level. The intention of contacting you in this way is to improve communication between BAUS and yourselves such that we maintain your interest in the specialty, help you to fulfil your current roles to the best of your ability and give you every opportunity to progress your career.

If you know of colleagues who would benefit from receiving the newsletter or if there is other information that you'd like to be included, then please email Harry Heald - <u>hheald@baus.org.uk.</u>

National Selection

We hope that those of you who were in Leeds in April found the process fair and that efforts were made to minimise what inevitably can be a stressful day. Congratulations to those who have been successful (and we won't be offended if you ask to come off this mailing list!). Those who weren't, take heart, because the statistics suggest that you still have a very good chance next time round. In order to support those who weren't appointed we have organised a session at BAUS 2018 on Tuesday 26th June to discuss your options for the next year (see Luke Forster's comments below). If you are yet to attend the Core Urology Course (information below) please be aware that many successful candidates feel that it is very useful in preparing for national selection.

BAUS Section of Trainees (SURG) Update for Core Trainees

Successful at ST3

Congratulations to everyone who got an ST3 job in the recent National Selection Process. The standard of knowledge and portfolios was very impressive. For any questions about the training in a particular area contact the trainee representative- contact details are on the SURG section of the BAUS website.

Not successful at ST3

For those of you not successful please don't worry. There weren't as many jobs as many of us would have expected. Competition was tough. A few bits of advice:

There are lots of good clinical fellow/non-training jobs available. Take your time, re-group, discuss things with your supervisors and plan your next job carefully. This process can be quite intimidating with the NHS Jobs website full of varied jobs. Best to take your time and discuss the options with those around you. You need to reflect on the selection process and take a job that is going to take your knowledge, experience and portfolio to the next level. For most this means a job with urology experience- urology reg on-call, protected operating, research/quality improvement- no cross cover with other specialties. Is a trainee recommending the job? Are those doing the job then successful at national selection?



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For anyone interested I have a list of trainee recommended clinical fellow jobs and the necessary contact details needed. Please contact me for details and/or advice.

BAUS 2018 Annual Meeting

We know it can be a difficult time if you have not got the ST3 job you were hoping for. We have organised a session at BAUS (Tuesday 26th June 10.15-12.30) to help you regroup, address any areas of improvement and plan for the next year. There will be the opportunity for mentoring from Specialist Registrars.

Book here: <u>https://bausevents.eventsair.com/bouncing-back-support-mentorship-and-advise-for-those-unsuccessful-in-urology-st3-national-selection/bouncing-back</u>

Remember the Core Session at BAUS is Tuesday afternoon!

Core Trainee Charity Fundraising

One of the areas on the self-scoring checklist that is difficult to get the points for is the 'outstanding charity' section. I wondered if there would be any interest from core trainees, clinical fellows, FY1/2 for a co-ordinated fundraising effort with individual, group and TUF events with individual and group recognition. The aim to achieve something outstanding as a team with the opportunity for rep roles, presentations and maybe getting a bit fitter! Have a think about it and we can launch at BAUS if there is sufficient interest.

Happy to discuss any of the above.

Best wishes Luke

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BAUS meeting Liverpool 25-28th June 2018

In addition to the aforementioned meeting, there is, for the second year running, a session on Tuesday afternoon specifically for you. We will have an introduction from Kieran O'Flynn (BAUS President), followed by representatives from each of the specialty sections plugging their areas of interest and letting you know the latest innovations. We then have presentations from the best submissions for the audit and QIP prize, a talk from Luke Forster about how to get the most out of your training, and one from Professor Tony Young about opportunities to progress technical advancement in the NHS. We will try to finish in time for you to catch some of the consultant's vs trainees University Challenge Quiz!

Core Urology Course 7-10th January 2019

For those of you who attended this January, thank you for making it such an enjoyable week and for your feedback, which very much helps us to inform future courses. We are looking forward to welcoming many of the rest of you to the course in Leicester in the New Year (7-10 January 2019). We will again have the opportunity for you to have your portfolio reviewed in a one on one session



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with ST3's, and to have the use of simulators to familiarise yourselves with endoscopes and consultants on hand to offer guidance. Details are available on the BAUS website and registration will open later in the year.

Other Courses

We feel that the Core Urology Course is very good value and appreciate that many other courses are expensive. Remember that teaching courses at conferences (EAU, BAUS, AUA) are often much cheaper. If you are attending such meetings you should try hard to submit for presentation. If you show sufficient enthusiasm you should be able to find someone in your department only too happy for you to do the leg-work for a project, which might also be publishable. Additionally, publications such as Urology News are always on the look-out for conference/course reviews.

BAUS Section of Oncology Annual Meeting

6-7 December 2018, York University.

Join us for the annual BAUS oncology meeting on urological pelvic malignancy in beautiful and historic City of York. This will be a meeting with something for every Uro-oncologist and trainee interested in pelvic cancers. The meeting will include plenary sessions covering the following:

- New approaches in the management of superficial bladder cancer
- Minimally invasive radical cystectomy and reconstruction techniques.
- The optimal Imaging in prostate cancer staging.
- New approaches to robotic radical prostatectomy
- The management of oligometastatic and recurrent prostate cancer.

This year an 'Interpreting MRI in early prostate cancer' teaching course, run by Caroline Moore will take place on 7 December. Finally, there will be a range of Poster Sessions and trainees are encouraged to submit. The programme, abstract submission & registration will be available shortly via the BAUS website; we will look forward to seeing you there!

Audit and QIP prize/ other prizes

We had many excellent submissions to this year's competition and most were chosen either to present or have a poster at BAUS. Please consider getting some work together for next year's prize: remember the two best entrants win a free trip to the BAUS conference. Details about the application process and submission date will appear on the <u>audit/QuIP area of the BAUS website</u>. The closing date will be after the Core Urology Course in January (to allow many of you to get more insight into QIP) but still allow you to know if you have been allocated a prize/ invitation to present at BAUS in June by the time of national selection.

RSM

The RSM Urology section encourages presentations for those at your stage with very generous prizes. There is also a specific secretary's prize for pre-ST doctors that normally has a January closing date (<u>rsm.ac.uk</u>).

Membership of the Urology Section of the Royal Society of Medicine in London is also a great way of building relationships with colleagues. From the point of view of CV building, they run two afternoons



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of short papers meetings each year, one in the spring and one in the winter at which junior trainees are encouraged to submit and present their work. The prizes are very generous and it's a relatively small and friendly meeting to present at.

BAUS Website

There is a specific area for you on the <u>BAUS website</u>. The website also contains details of the core urology course and audit/ QIP prize, as well as having an up to date calendar of Urology meetings and courses.

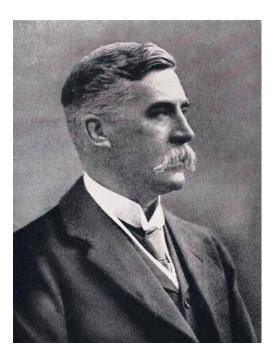
History of Urology

The Museum of Urology is mainly a virtual museum based on the BAUS website, it can be entered here: <u>www.baus.org.uk/museum</u>. The museum also has a display cabinet in the BAUS offices in London and contributes to urological meetings.

As I write this the 'conference season' is upon us. The European Association of Urology (EAU) meeting took place in Copenhagen in March, the American Urology Association (AUA) starts tomorrow in San Francisco and we are all preparing for the BAUS Annual Meeting in Liverpool in June. History of Urology sessions are included in all of these meetings and the Museum of Urology is represented in all three this year. These 'big three' annual urology meetings give us all an opportunity to update ourselves and discuss the latest in urological science and practice. It's a great chance to catch up with a bit of history too. A lot of work goes into historical displays at these meetings and it's a fantastic opportunity for juniors to get involved and present some historical research as well.

The EAU History Office set up a great display in Copenhagen looking at the history of urology in Scandinavia (I had no idea they contributed so much!), the early urologist and historian Ernest Desnos (1852 – 1925) [fig 1] and British urologists involved in the First World War.

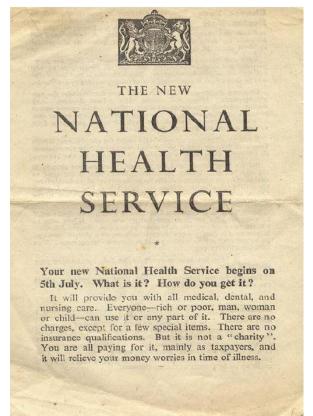






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Fig.1 Ernest Desnos, French urologist and medical historian. Fig. 2 Edwin Hurry Fenwick, pioneering British urologist.



The AUA Didusch Museum Team have a display about Giants of Urology. The British contribution being about Edwin Hurry Fenwick (1856 – 1944) [fig 2], Hurry Fenwick was a surgeon at the London Hospital who championed the introduction of the 'new' cystoscope into Great Britain. He also was an early user of Xrays in urology (then called Roentograms). Fenwick was a great supporter of bringing urologists across the world together; he was one of the early creators of the International Urology Society, now called the Société Internationale d'Urologie (SIU). They have an annual meeting too, this year its in Seoul.

At BAUS this year we are celebrating 70 years of the NHS [fig 3]. As well as a podium presentation there will be a display on the Museum stand. Also this year will be a display about Sir Eric Riches whose cystoscope featured in the last newsletter and more about the First World War, 2018 being 100 years since it ended.

If you can get to the BAUS Annual meeting this year please come and visit the Museum of Urology Stand and look at the History of Urology e-Posters.

Remember, you can submit history posters to all three meetings, ask your boss for some ideas and get researching the fascinating history of your specialty.

Fig. 3 1948 government pamphlet describing the new NHS.

I hope to see many of you in and Liverpool in June and Leicester next January.

Keep enjoying your work and best of luck for your future careers,

Dominic Hodgson MA MSc FRCS(Urol) Lead for FYs & CTs On behalf of BAUS (dominichodgson@hotmail.com)