



6th November 2017

Dear Colleagues,

This is the fourth biannual newsletter from BAUS specifically aimed at those doctors interested in pursuing a career in Urology who are at pre-ST level. The intention of contacting you in this way is to improve communication between BAUS and yourselves such that we maintain your interest in the specialty, help you to fulfil your current roles to the best of your ability and give you every opportunity to progress your career.

If you know of colleagues who would benefit from receiving the newsletter or if there is other information that you'd like to be included then please email Harry Heald - hheald@baus.org.uk

Core Urology Course 15-18 January 2018

We are looking forward to welcoming many of you to the Core Urology Course in Leicester in the new year. Places are still available via the [BAUS website](#). Innovations for this iteration include a session on Quality Improvement Projects (QIP), and enhanced hands-on simulation opportunities.

We feel that the core urology course is very good value and appreciate that many other courses are expensive. Remember that courses at conferences (EAU, BAUS, AUA) are often much cheaper. If you are attending such meetings you should try hard to submit for presentation. If you show sufficient enthusiasm you should be able to find someone in your department only too happy for you to do the leg-work for a project, which might also be publishable. Additionally, publications such as Urology News are always on the look-out for conference/course reviews.

We are most grateful to those of you who attended the Core Urology Course in Birmingham in January and for your very kind feedback which, both reassures us that the meeting is of great benefit to you, and gives us the opportunity to improve it further.

The following is a review from one of this year's attendees:

I joined the Core Urology course as a CT2 currently applying for a number at National Selection. I was waiting for an interview and hoped to gain further knowledge to give me an extra chance of success. The course was initially recommended to me by one of my registrars who claimed it had given him a greater knowledge of up to date literature to quote in interview answers.

The course was based in Birmingham University and accommodation was available if required. This provided an excellent location with ideal facilities. The structure of the course was initially lecture based, with themes such as andrology, urological trauma and paediatric urology. There were also broader topics including radiology, each of the most common urological malignancies, UTIs and incontinence. The lecturers were each specialists in their respective fields and the presentations were pitched at an appropriate level for core trainees. Mostly the lectures were an hour long, and naturally this meant that only an overview was given, however it did mean that the speakers focused specifically on issues and topics that were most likely to come up in the interview (as well as in clinical practice!). For example, it was useful to gain an insight into the evidence which underlies

many of the clinical decisions we make on a day-to-day basis, such as whether to use an alpha blocker or a 5 α -Reductase inhibitor for a patient with BPH.

The lecture format was interspersed with breakout sessions including a session from Storz demonstrating the set-up and use of common endoscopic equipment. The session-style gave an opportunity for smaller group teaching as well as a chance for faculty to review portfolios and discuss interview preparation. I found this beneficial as it gave me enough of a scare when I saw how much work was still needed for my portfolio to push me to get it up to scratch! The course was mostly attended by CT2s, or clinical fellows of a similar level and most attendees were intending to apply for national selection in the next round. This gave an opportunity to socialise, with a pub quiz as well as a course meal. The course was certainly worth doing, and I'm sure it contributed to my success at national selection as well as giving me an excellent base of knowledge for clinical practice in Urology.

*Thomas Ellul
ST3 Wales Deanery*

BAUS Annual Meeting 26-28 June, Glasgow

This included the inaugural session for CTs/ FYs and we were so pleased with the attendance, quality of the presentations, and feedback that we received. I'm grateful to all who contributed in any way. The session will be repeated and expanded upon next year (25-28 June 2018, Liverpool). The focus of the meeting will again be presentations arising from submissions to audit/ QIP prize (see below), and note that the best two submissions are awarded a complementary trip to the meeting. This year's winners wrote the following reports:

BAUS Annual Scientific Meeting 2017 From the perspective of a Core Trainee in Urology Ola Blach, ST3 Worthing

The ethos of the annual BAUS meeting has always been to foster education, research and clinical excellence within the UK urological community. BAUS 2017 surpassed all expectations, succeeding at ensuring that its programme complemented, rather than duplicated, that of the EAU, and attracting a wide range of UK-based urologists, trainees, interested students and allied professionals by offering something unique for everyone.

As anticipated, there was something distinctly different about this year's annual meeting. BAUS 2017 was hosted in the superbly located and well equipped, yet slightly more inclusive and intimate, Scottish Exhibition and Conference Centre in Glasgow. It offered a shorter (three- rather than five-day) but much more focused high-quality programme, arguably enhancing the excellent academic and scientific rigor of the conference. With presentations and exhibitions from a variety of subspecialties and societies, the meeting offered excellent opportunities for networking and discussion on a wide range of interesting and innovative topics. For anyone who missed a particular session, videos of all presentations were made available on YouTube via the BAUS website, thereby widening access and participation.

All five specialist sections of BAUS - academic urology, andrology and genito-urethral surgery, endourology, female neurological and urodynamics urology, and oncology - were very well represented through a range of engaging talks, of which specialty debates enjoyed the greatest popularity. Undoubtedly, the most outstanding presentation was delivered by Prof James N'Dow from Aberdeen, whose heart-warming and thought-provoking talk on "Philanthropy and the power of giving - can you make a difference and why bother?", deservedly, was met with a two-minute standing ovation.

One theme that was evident throughout BAUS 2017, was its focus on education and trainee involvement, at all levels. Prizes for best essays and presentations were awarded to medical students, core trainees and registrars in urology. BAUS 2017 also saw the introduction of the inaugural Core Surgical Trainee Session on the 27th of June, introduced by Mr Dominic Hodgson (see the excellent review by Nicholas Bullock for detail). Trainees were given the opportunity to discuss the future changes to their training with Mr Roland Morley, the head of SAC, as well as build on their relationship with urology consultants through the University Challenge session, and by awarding the Silver Cystoscope to their long-term supporter, Mr Shamim Khan.

From the perspective of a core trainee in urology and a regular BAUS attendant since medical school, BAUS 2017 was the most inclusive and involving annual meeting yet, aiming to foster and strengthen the relationships between the well-established and the budding urologists in the UK.

Ola Blach

BAUS Annual Scientific Meeting 2017 Overview of inaugural Core Trainee Session

As well as incorporating changes in length and overall content, this year's meeting also saw the introduction of the inaugural Core Surgical Trainee Session on the afternoon of 27th June. A varied, interesting and highly relevant itinerary attracted a large number of delegates, many of whom had travelled great distances to attend.

The session began with a series of short talks from sub-specialty section leads. Most speakers opted for a light-hearted approach, sparking fierce but humorous competition as to which sub-specialty provides the most interesting and rewarding career. This was followed by an address by BAUS President, Mr Kieran O'Flynn, in which he welcomed delegates to the specialty and gave an inspiring overview of his distinguished career.

The latter half of the session saw a series of oral presentations by Foundation and Core trainees in competition for the BAUS Audit and Quality Improvement Presentation Prize. The talks, which were selected from the top ranked submissions for the 2017 essay prize, were both interesting and diverse, ranging from a closed loop audit on the management of epididymo-orchitis to improving the efficiency and effectiveness of ward rounds. The 1st prize, sponsored by SURG, went to Mr Thomas Ellul (CT2, Wales Deanery) for his excellent presentation of a closed loop audit of NICE quality standards for Prostate Cancer. Alongside the oral presentations a number of trainees displayed posters of their projects in competition for the poster presentation prize. All of the posters were of a high standard, with the prize being awarded to Tim Yung for his work on stent registration.

Despite being in its first year the session was very well attended by both trainees and consultants alike, rendering it a resounding success. Through providing inspiring talks by high profile speakers, as well as the opportunity to present and win prestigious national prizes, I have no doubt the session in Liverpool in 2018 will continue to build upon this achievement. If you have been involved in an audit or quality improvement project, no matter how big or small, I would strongly encourage you to submit your work for consideration. Even if you have nothing to submit, attendance is a must if you are looking for inspiration and insight into your future career in urology!

*Nicolas Bullock
CT2 in Urology*

Other Courses

BAUS Section of Oncology

From: Ben Challacombe

BAUS Section of Oncology Annual Meeting, 22-23 November 2017 will take place at the John McIntyre Conference Centre, Edinburgh.

The meeting will include plenary sessions covering the following:

- Renal cell carcinoma: New approaches to diagnostics, biopsy and screening
- Minimally invasive treatments for RCC: robotic or not: where do we draw the line?
- Percutaneous treatments: RFA and cryotherapy vs surgery
- New frontiers in advanced kidney cancer

In addition, there will be a session on a range of rarer urological tumours which we all come across but may not know how to best manage including:

- Ductal prostate cancer
- SCC / adenocarcinoma of the bladder
- Adrenal pathology
- Penile and testis cancer

This year an 'Applied Anatomy for Urological Surgery' teaching session will take place; this is a must for all FRCS (Urol) candidates!

BAUS Section of FNUU

From: Tamsin Greenwell

The 8th Masterclass in Female Urology & Urogynaecology will take at UCL from 27-29 November and 26-28 November 2018. The masterclass will include live surgery, formal talks and operative tips and cover the management and surgery of:

- female bladder outflow obstruction,
- stress urinary incontinence,
- urge urinary incontinence,
- pelvic organ prolapse and
- urogynaecological complications.

Discounted trainee rates are available - if you apply via Dominic Hodgson you can have free entry - however we do need to register delegates in advance.

National Selection

For those of you who were successful in May you may want to come off this mailing list! For those of you who were unsuccessful please remember that the odds of you being appointed in the future are very good so don't lose heart but use the feedback constructively to improve your application for next year. If you are yet to apply (or are reapplying and haven't yet attended) please note Thomas' comments above on how well the Core Urology Course helped him prepare.

Audit and QIP prize/ other prizes

We had many excellent submissions to this year's competition and all were chosen either to present or have a poster at BAUS. Please consider getting some work together for next year's prize: remember the two best entrants win a free trip to the BAUS conference. Details about the application process and submission date will appear on the FY & CT section of the [BAUS website](#). However, I can tell you now that: the word limit is being cut to 1500 words, and the closing date will be after the Core Urology Course in January (to allow many of you to get more insight into QIP) but still allow you to know if you have been allocated a prize/ invitation to present at BAUS in Liverpool by the time of national selection.

We have plans to develop a Urology "audit recipe book", such as are used in Anaesthetics and Radiology, and will be looking to convert some of your submissions into a format where they can be used as a template for others to carry out audit. As mentioned above there is a QIP session at the Core Urology Course with experts from King's College London University and I foresee that this will be a spur to developing the book.

The RSM Urology section encourages presentations for those at your stage with very generous prizes. There is also a specific secretary's prize for pre-ST doctors that normally has a January closing date (rsm.ac.uk).

Website

There is a specific area for FY & CT's on BAUS website:

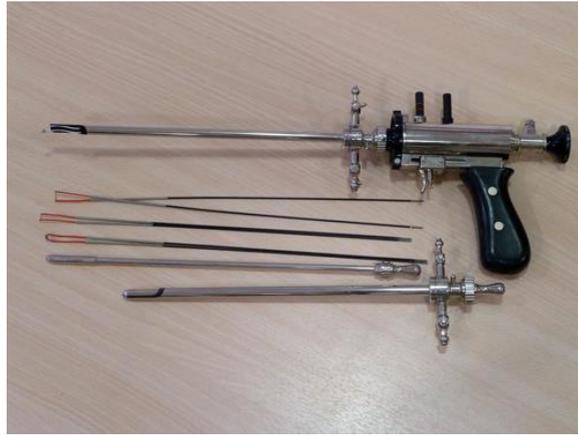
http://www.baus.org.uk/professionals/sections/foundation_year_fy_core_trainees_ct.aspx

The website also contains details of the core urology course and audit/ QIP prize, as well as having an up to date calendar of Urology meetings and courses.

History of Urology

The Museum of Urology

The Museum of Urology is mainly a virtual museum based on the BAUS website, it can be entered here: www.baus.org.uk/museum One of the missions of the Museum of Urology is to make historical urological objects accessible to everyone, particularly trainees. There are lots of small collections of instruments in various urology departments around the country (not to mention in consultants' offices / attics / garden sheds etc.!). We have tried to collect and collate photographs of these small collections (sometimes just single objects) and put these images into the online museum for everyone to see. For example, figure 1 is a Hösel resectoscope with a great "pistol grip" trigger from the Derby urology department.



Sometimes urologists kindly donate objects and artefacts to the museum. Often these have a special historical value or meaning to the urologist or to BAUS.

Recently Mr Peter Worth, a retired urologist from St Peter's Hospital, donated two cystoscopes to the Museum of Urology. They are both examples of Riches' Cystoscopes from the 1950's or 60's. The Riches' Cystoscope was designed by Sir Eric Riches in 1955. He hoped to standardise British cystoscopes as there were many different types in use in at that time, all their attachments and fittings incompatible with each other.

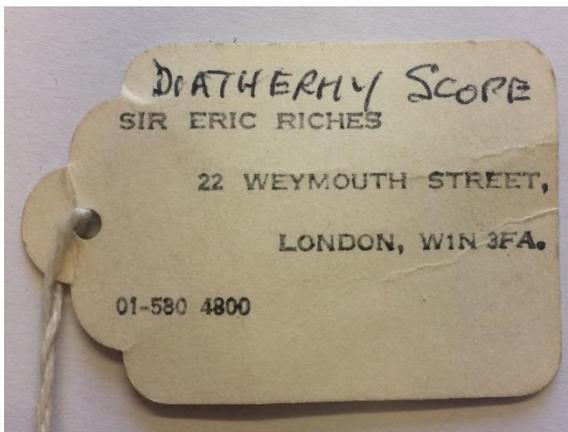
What makes these particular instruments special is that they belonged to Sir Eric Riches himself. They were given to Mr Worth by Sir Eric and he, in turn has presented them to the Museum of Urology. [figure 2]



As you can see they are in their metal sterilization trays. These cystoscopes were illuminated by tiny electric light bulbs on the end. The one below also has a Kidd's diathermy ball to cauterise bladder tumours [figure 3].



Sir Eric Riches was from Lincolnshire. He deferred his entry into medical school to fight in the First World War where he won a Military Cross for bravery. He became a urologist at the Middlesex Hospital and was President of BAUS in 1951. He lived in Weymouth Street, near Harley Street [figure 4] and was wealthy enough not only to have a central London house with a garden and a hedge, but a small golf course in his basement! On a similar sporting note, the cystoscopes are in small canvas bags [figure 5] which look suspiciously like those used for split cane fly fishing rods!



The generous donation by Mr Worth of Sir Eric Riches' instruments allows the Museum of Urology not only display images of historic cystoscopes but to relate them to the man himself.

Don't forget to visit the Museum of Urology (www.baus.org.uk/museum). There is also a dedicated twitter feed, @urology_history and the curator writes a bi-monthly column about the history of urology in the journal Urology News.

Keep enjoying your work and best of luck for your future careers,

Dominic Hodgson MA MSc FRCS(Urol)

Educational Lead for FYs & CTs

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