

# BSOT

## **BAUS 2019**

We celebrated one year of BSoT and BAUS at the annual meeting in Glasgow. The many highlights included:

- Comedian Adam Kay who shared highlights of his training alongside some of the darker moments that resonate with many of us. His words emphasise the importance of looking after ourselves and our colleagues throughout this long path that is training.
- New sessions for LTFT trainees and Fellowship training.
- New BSoT Stand in the Exhibition Hall allowing us to engage directly with trainees so you can help us be better.
- BSoT TUF fun run, which together with the trainee dinner raised over £1000 for TUF
- Our largest ever BSoT Karl Storz dinner selling out over 150 tickets
- Awarding of the new BSoT Bronze Award.



Thank you to all the BSoT committee for making BAUS 2019 such a success. Let us know how we got on and if there is anything you would like BSoT to focus on for BAUS 2020 [trainees@baus.org.uk](mailto:trainees@baus.org.uk) or get in touch via our Twitter @BSOT\_UK.

Catch up on all our #BSOTatBAUS highlights [here](#)

## **SAVE THE DATE!!!**

BSoT section meeting Feb 6<sup>th</sup> and 7<sup>th</sup> Leeds 2020: The Future of Urology. Our first meeting as a section of BAUS! The programme will include the very latest in Urology Research, future techniques and technology, exam and interview preparation and guidance on how to meet ARCP waypoints and CCT. There will be more big BSoT social events too. Is there something you want us to include? Get in touch [trainees@baus.org.uk](mailto:trainees@baus.org.uk)

## **Nominations invited for BSoT Honorary Secretary**

We invite nominations for the role of Honorary Secretary to commence September 2019. This is an exciting role integral to the BSoT team. You have the opportunity to make a real difference in how the section runs, represents trainees and contribute to successful future events. It will require attendance at the two BSoT committee meetings (each year) plus more regular virtual meetings with the other Exec members of Chair (Luke), Vice Chair (Clare) and Communications Officer (Katie). The next Committee meeting is on 25 September and candidates should hold this date pending the outcome of the elections.

Required qualities include:

- Excellent communication skills to co-ordinate regional representatives and the executive committee
- Passion for training/medical education- opportunity to initiate, organise and deliver projects to make Urology training better
- Excellent organisational skills- liaising with Section and Regional Reps to ensure training issues are being raised
- Commitment to Urology training standards- busy role involving attendance at national training meetings, planning and running BSoT events at BAUS 2020 and the new BSoT Section Meeting.

The post will be for 2 years. Candidates must be BAUS members (you can now join online). If you are interested please submit the [online form](#), your personal statement should include why you are most suited to this post and what you would bring to the position. Closing date for nominations is 12 noon on Monday 5 August 2019.

## **Appeal for Question of Sport candidates**

Following our success at University Challenge in BAUS, BSoT are appealing for candidates for their Question of Sport Team to battle against the consultants at [The BAUS Section of Endourology meeting in Sheffield in September](#). For those of you who are not avid followers of match of the day, fear not ... there are very few sporting questions. This is a great opportunity to get involved in the section meeting and BSoT. Anyone interested please contact Sot Tolofari our Endourology Section Representative [stolofari@doctors.org.uk](mailto:stolofari@doctors.org.uk)

## **#DontPayToStay Success**

Many of you will be aware of the lobbying by Katie Chan, BSoT Communications Representative, to remove NROC room charges. After many discussions with the BMA her re-written clause, making NROC rooms free for time critical specialties, has been included in the renegotiated junior doctor contract and subsequently accepted by BMA members at referendum.

*"I am really delighted with this achievement and grateful to BSoT for giving me the platform to be able to publicise widely and lobby for change"*

Katie Chan

### **Opportunity to be participate in resilience study**

See below an opportunity to be involved in a study on adverse events training lead by Prof Kevin Turner, Consultant Urologist, Bournemouth.

*We all know that things can go wrong in surgery and dealing with the consequences of complications and errors is part and parcel of a surgeon's life. But how are surgeons affected by adverse events? What impact do adverse events have on surgeons both professionally and personally? Have surgeons developed effective coping strategies resulting in a degree of stress immunity?*

*Our intervention study is a great opportunity to experience novel, one-to-one resilience training developed specifically for surgical trainees. We can come to you, at a time of your convenience (evening and weekends are possible). It will be very useful for your personal development and upon completion you receive a certificate for your portfolio. And it's free! Click [here](#) to find out more or to enrol please email Stephen Richer [sricher@bournemouth.ac.uk](mailto:sricher@bournemouth.ac.uk)*

*The study is currently enrolling participants at the following trusts: Bournemouth, Poole, Southampton, Portsmouth, Reading, Bristol, Exeter, Imperial, Oxford, Salisbury.*

### **Goodbye Laura and Dora**



This month we say goodbye to two of our long standing executive committee members; Dora Moon and Laura Derbyshire. Dora has been Treasurer of SURG and more recently has been Communications Rep. Her enthusiasm and determination have been instrumental in BSoT's success. Laura has been both the Section of Endourology Representative and Honorary Secretary. She has always worked hard to bring BSoT closer to the trainees we represent. We wish both of them the best of luck and thank them for their many years of dedication.

### **Let us know how we are doing**

We want to represent your views and do our best to help you achieve training of the highest calibre. Please take our quick survey to let us know how we are getting on <https://www.surveymonkey.com/r/WFSM73S>. Otherwise any feedback (positive and negative) is always welcome through email [trainees@baus.org.uk](mailto:trainees@baus.org.uk) or Twitter @BSoT\_UK.

Best wishes,  
BSoT team