Funguria

Relatively common

Organisms

Candida albicans 50%
Candida glabrata 10 – 15%
Others 35 – 40%

Risk factors

Diabetes

Immunosuppression

Indwelling urethral catheters

Antibiotics

Hospitalisation

Presentation

Asymptomatic

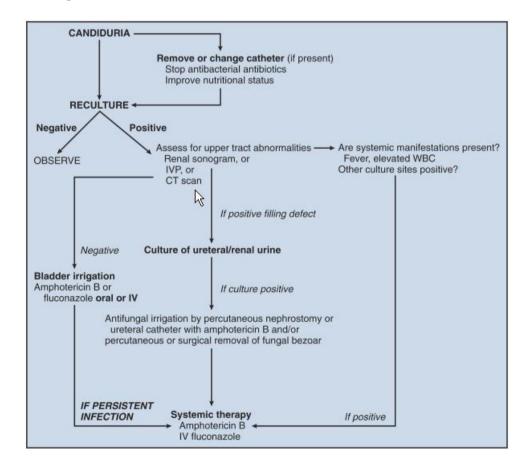
Dysuria and storage LUTS invasive LUT infection Fever loin pain and chills invasive UUT infection fungal bezoar

Diagnosis

Numbers of cfu/ml undefined – any positive urine culture should be evaluated

Presence or absence of pyuria irrelevant

Management



Majority of patients with asymptomatic funguria do not require antibiotic therapy: ~ 75% patients clear fungus following catheter change, cessation of antibiotics and attention to glucosuria. Other considerations:

- (i) Persistent funguria with normal upper tracts
 - a) Intravesical Rx

50mg amphotericin B in 1L water via three-way catheter over 24 hours (IVAC 40 ml/h)

b) Oral Rx

Fluconazole 200mg/day for first day; 100mg day thereafter for 14 days. SE N+V, abdo pain and diarrhoea

- (ii) Renal and disseminated candidiasis
 - a) Intravenous fluconazole or amphotericin B
 APB a/w significant SE when given IV chills, rigors, fever, bone marrow toxicity
- (iii) Fungal bezoar
 - a) Nephrostomy and irrigation with antifungals
 - b) Percutaneous removal (Amplatz sheath)
 - c) Nephrectomy